

WUR from within: straight, sharp, transparent

AID Special

Resource

SUMMER 2021 VOLUME 16

How to study
Three lecturers
have tips for you

**The wonderful
world of WUR**
Isn't science
marvellous?

**Fifty shades
of green**
Which club is right
for you?

**So you want
to join a student
society**
But which one?

Money-smart
Six budgetting
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Welcome to Wageningen!
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to be | p.16



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FOREWORD

Welcome to Waga

If you are a newcomer in Wageningen there are a few things you need to know. How nice it is to chill out on the banks of the Rhine, for example; and that you can get the best spring rolls at the stall opposite the public library at the end of the Hoogstraat. That there is loads of fun stuff to discover besides the university – green places, friendly societies, nice organizations. In the summer you go for ice cream to Cicuto, where there's a big chance of meeting friends in the queue. If the winter is severe, you can skate on an inlet of the Rhine or just on the pond by the Forum on campus.

There is plenty to explore at the university too (see pages 12-15 for example). This magazine, the AID number of *Resource*, will help you get to know the town, the university, the societies, and other great things about Wageningen. Throughout the year, a new *Resource* lies in the trays dotted around the campus every two weeks. Bringing you the latest news and interesting background stories about the university, the science and student life. As an independent university magazine, we aim to keep you informed about important developments and give you a glimpse behind the scenes around WUR. We can also be found online at resource-online.nl, and on social media of course.

To do the job well with our small team, we rely on you – our readers – as well. So if there's something going on that you think is unusual, fantastic, stupid, innovative, hilarious, or newsworthy in any other way, do let us know. Email us at resource@wur.nl or drop in at our newsroom in Atlas. But for now: enjoy the introduction, and welcome to Wageningen!

Luuk Zegers

Resource Student Affairs
editor



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TYPICAL WUR

This is all part of being a student at WUR too: Bachelor's students had to skim the water on the campus as part of the first-year Soil, Water and Atmosphere course. These '*gilets jaunes*' were out to collect aquatic insects and assess the quality of the water in ditches and ponds. The high point of the course, according to teacher Edwin Peeters, was finding a predacious diving beetle – the living counterpart of the insect artwork on the pond between the Forum and Orion.

Photo: Sven Menschel

WURLDLY WISE

A new life in Wageningen. How do you survive that? These tips will help you get off to a flying start on campus and in your student life.

CAMPUS CRASH COURSE

Forum, Orion, Aurora, Atlas: just a few of the names of buildings on campus. Here's a brief introduction to the key buildings and one or two other places around the campus you need to get to know fast. (See pages 16-17 for a handy map.)

Forum

The Forum is what the *Forum Romanum* once was for ancient Rome — the heart of the campus. As solid as a castle from the outside, spacious on the inside with large plazas. This is where you can find the library, cafes, teaching facilities, the WUR shop, study associations and lots more. An ideal place for working, studying and meeting up.

Photo Erik Koole Photography | Shutterstock.com



Orion

Orion is the most sustainable building on campus, as well as being a great place to chill out in student cafe The Spot — with table tennis! — or get a tasty bite to eat in the restaurant. The building is named after the constellation Orion, which sounds rather more professional than the Great Bear.

Photo HildaWeges Photography | Shutterstock.com



Leeuwenborch

Leeuwenborch (abbreviated to 'Lebo'), to the south of the campus, houses the social sciences. Leeuwenborch is the former name of the neighbourhood in which the building stands.



Atlas

Atlas is where you will find the university board and the *Resource* journalists – do drop in! The grid structure on the outside is not just for decoration: this structure holds the building up, just like Atlas bore the heavens on his shoulders in Greek mythology.

Photo afishcalledwanda | Shutterstock.com



Aurora

Aurora is the newest education building on campus and was named after the Roman goddess of the dawn. The building was completed on 1 July and will be in use for the first time this academic year. A few facts: Aurora is the first building on the campus not to have mains gas; the building boasts a large lecture theatre that seats 450; the classrooms have higher ceilings than those of other buildings, at 3.80 metres.



Dialogue Centre

At the time of writing, the new Dialogue Centre still has no name, but as its working title suggests, it is going to be a place that's all about dialogue. This is where gatherings and events will take place such as PhD ceremonies and inaugural lectures.



Swans and spots to relax

You will undoubtedly already have noticed that the campus is very green. As you might expect from a university that preaches sustainability, the greenery is the result of an ecologically aware approach. Popular spots are the Lumen central courtyard and the pond near the Forum, with the swans that come every year to breed. The Field, behind Rikilt, is another pleasant spot. It is a garden maintained by and for students and staff. It was created four years ago using a design by former student Fiona Morris.

Photo Guy Ackermans



Cramming in the library

The library is a popular place to study, especially in the week before the exams. It's quiet and has good workstations where you can concentrate. But make sure you get there on time (which means waiting at the door by 8:00) because the seats get taken in no time. See the WUR.nl homepage for the latest info.

Photo Guy Ackermans



Sick or out of sorts

There is a GP practice especially for students on campus, although you do of course have to register to be able to use it. This Wageningen Student Medical Centre also has handy evening open hours and a lot of online services (e-consultations, requests for digital repeat prescriptions). You don't have to leave campus for vaccinations for exotic internships or holidays either as Vaccinatiecentrum Wageningen is based in Campus Plaza. If all you have is a hangover, you can buy paracetamol in the Campus Plaza supermarket.

**From Aerobics to Zumba**

In De Bongerd sports centre you can do sports seven days a week for 104 euros a year. There are individual lessons and courses. The activities on offer include athletics, badminton, boot camp, boxing, fitness (including outdoor), handball, archery, jogging training, modern jazz dance, mountain biking, fencing, survival, tennis, squash and much more. See wur.nl/sportscentre and the map on pages 16-17.

Photo Marte Hofsteenge



GOOD FOR YOUR CV (AND YOUR UNI EXPERIENCE)

There is plenty to learn outside the lecture rooms too. If you are looking to spice up your CV, there are loads of options in Wageningen.

Study associations are not just great for drinks dos but also useful for your future career. The person you are now enjoying a beer with may be able to help you later with an internship or job. Almost every degree subject has an association, where you can play as active a role as you want. So the study association is always a good idea, whether you want committee experience or are just in it for the drinks.

Student societies are mainly known for their hazing rituals, excessive drinking and partying. But they have more to offer. Many societies have their own clubs and subcommittees that work on making the society more sustainable, support charities or do volunteer work, for example. To find out which student society would suit you, go to pages 20-21.

The Student Council offers you the opportunity to have a say in decisions about what the university should do.

You can get involved in one of the three Student Council parties: the Christian Students Party (CSF), Sustainability & Internationalization (S&I) or the United Students (VeSte). The Student Council represents all students and has the right to block plans by the Executive Board. The students in the council also advise the board and come up with their own initiatives.

StartHub is for students who want to become entrepreneurs. StartHub teaches you how to run a successful business, with training and coaching by experts, help with your business plan and microloans. Bonus: free coffee and a pinball machine. Check out www.starthubwageningen.nl.

Internships and part-time jobs because learning on the job really does work. AIESEC will help you find international internships and volunteer work.

Integrand can get you an internship at a company. UniPartners lets you work as a consultant and find vacancies for board positions and traineeships.

YUFA (Young University Fund & Alumni) is University Fund Wageningen's student committee. The aim is to help students and recent graduates develop practical skills and knowledge in preparation for the world of work. Wageningen alumni are regularly invited to join the events. yufa@wur.nl

On pages 20-21 and 24-25, Resource introduces you to a number of Wageningen societies. You can find more information online about study associations, student societies and the Student Council at www.wur.nl/nl/show/Verenigingen.htm.

WHERE'S THAT PARTY?

Uni often involves hard work, cramming and putting in the hours in the library. But the odd party is part of the deal too. You can have a great time seven days a week in Wageningen.

(Disclaimer: Everything has changed thanks to the corona pandemic and that includes the rules for parties. Keep an eye on the situation and the latest guidelines.)

MONDAY

- Monday is members' night at the student societies. The rest of the town is pretty quiet.

TUESDAY

- The **Bunker**, the Dijkgraaf flats pub, often has parties on Tuesdays. Cheap booze.
- The **Doctor cafe's pub quiz** is a popular Tuesday event. Starts at 20:00. Be on time.

WEDNESDAY

- Wednesday is party time in **Woeste Hoeve**, the Hoevestein flats pub.

THURSDAY

- The traditional student party day, with an **open party at one of the main societies** (Unitas, Ceres, SSR-W and KSV Franciscus) every Thursday.
- You can also often have a good time at **Nji-Sri** on Thursdays.

FRIDAY

- The **International Club** often organizes parties on Fridays and Saturdays with (obvs) an international theme, from salsa evenings and Brazilian parties to tech house and St Patrick's Day celebrations.
- The **Bunker** (see Tuesday) sometimes throws parties on a Friday too, in collaboration with different DJ groups from Wageningen!

SATURDAY

- See International Club (Friday).
- There are some good cafes in Wageningen for you to get to know, such as:
 - De Vlaamsche Reus (ask for the beer bible)
 - De Zaaier (popular student pub)
 - Loburg (often has live music!)

Cheap nights out

A beer at a student society bar often costs only 1.20 euros, which is a lot less than ordinary cafes. The pubs in the blocks of flats, such as Woeste Hoeve in Hoevestein, Annie's Kroeg in Asserpark and the Hunker Bunker in Dijkgraaf, are also budget-friendly.

And finally, students themselves know best what works, so the best parties are often the ones in student houses.

4 SMART WITH YOUR CENTS

Being a student can be a costly business. From tuition fees, course materials and a laptop through to rent, entertainment and shopping. These tips will help you get the most fun for your euros!



1

KNAEK DISCOUNTS

Knaek is free for first-year students and you can save a lot of money. For example, you get the second main course free if you want a cheap meal out at H41 in Heerenstraat. There are also discount offers for clothes stores, wine and drink outlets, bike shops, hairdressers, cafes, restaurants and paintball events.

www.knaek.nl

2

FOOD SHOPPING: THE MARKET

There is a market in the town centre on Wednesday morning and all day Saturday. You can find cheap, high-quality fruit and veg. You can also find good cheese, nuts, fish, olives and of course such Dutch classics as herring and battered fish. Pro tip: the later you go, the better the deals you can get!



3

AFFORDABLE CINEMA

You can see top arthouse films at the Movie W cinema. They screen both classics and unusual, striking, edgy or comedy films from all over the globe. Movie W is run by volunteers. You can often find the programme on campus noticeboards, or else go to **www.moview.nl**. Standard tickets cost 8.50 euros but you get a two-euro discount and pay 6.50 if you show your student card. The 'ordinary' cinema in Heerenstraat also gives a student discount. If you show your student card, you get 2 euros off the price of your ticket.

www.heerenstraattheater.nl



4

FREE BIKE REPAIRS

Bike broken but no money for a bike shop visit? You can get your bike fixed for free in the Forum bike cellar. The Wageningen Student Bike Workshop is open on Tuesdays from 18:00 to 20:00. Not only do you get free repairs, you can also learn how to mend punctures, loose spokes and other bike problems yourself.

5

BOOKS AND PLANTS AT THUIS

If you need books, plants or a new outfit, you could go along on a Saturday to Thuis, Wageningen's community centre. On Saturdays you will find second-hand books for sale for 50 eurocents, and you can adopt or swap plants. There is even a Food-sharing fridge containing free food! They also often hold clothes bartering events. Keep an eye on their calendar at www.thuiswageningen.nl



6

EMMAUS

You will find sofas, chairs, tables, books, clothes, TVs, easels, mugs, cutlery, weird statues, toys and lots more at the Emmaus second-hand store. Their assortment can be found in their two shops: Vijzelstraat 1 for clothes, shoes, accessories, books and more; Herenstraat 9 for furniture, lighting, appliances, small items and toys. Emmaus is open eight hours a week: Wednesdays from 10:00 to 14:00 and Saturdays from 12:00 to 16:00. Emmaus also has an annual market, which will be on 21 September this year. www.emmauswageningen.nl



CHECK IT OUT, LIKE & FOLLOW!

Wageningen students are not always natural followers but there is nothing wrong with a few likes. These social media sites are worth following.

SOCIAL INTRODUCTION WEEK – 'AID'

Of course there is the aidwageningen.nl website, but for the latest news and other AID-related updates check out these channels:



www.facebook.com/aid.wageningen



[@aid.wageningen](https://www.instagram.com/aid.wageningen)

For more information, go to: www.aidwageningen.nl

WAGENINGEN STUDENT PLAZA

Looking for a room, second-hand furniture, course books or a bike? Or do you want to sell something? Either way, the place to go is the Wageningen Student Plaza Facebook group. www.facebook.com/groups/192901857389536

THE UNIVERSITY

WUR has over 50 social media channels. You can follow the main accounts for important news items and there are domain accounts for specific interests such as environmental science or marine research. For a complete overview of WUR's social media channels, go to <https://www.wur.nl/en/Social-media-1.htm>



For the real campus news: *Resource*

If you want to know what's really happening on campus, *Resource's* independent journalists are constantly coming up with interesting news about student life, education and research, as well as the stories behind the news. The *Resource* social media are the best way of keeping up to date. You can find us on Facebook, Instagram, Twitter, LinkedIn and TikTok. Check out Resource-online.nl for your daily dose of news, feature articles, student blogs and much more. Indulge in the paper magazine for some quality me-time: *Resource* magazine appears every two weeks in the racks on campus or in the hall of your student flats.



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[resourcewur](https://www.tiktok.com/@resourcewur)



Lecturers give tips

How to study: tips from lecturers

Sweaty hands from exam stress or no social life because you've fallen behind in your reading? No need for that. Three lecturers give you tips on how to make a success of studying and still get the most out of your student days. Text Luuk Zegers



Jessica Duncan

Associate professor of Rural Sociology

1 Read the course guide. Maybe it's a bit obvious, but lots of students don't. The course guide is literally the plan for the course. It tells you what the course is about and what is expected of you. You have so much going on in addition to your studies, so the better you understand what you have to do and when you have to hand in assignments, the better you can plan things. To test who actually reads the course guide, I might put in something like: 'If you read this sentence, send me a picture of your favourite food'. Maybe half the students do that.

2 Use a calendar. Deadlines that seemed far off sneak up on students and then all of a sudden, their assignment is due. You need to make the shift to more independent learning. A calendar is key to this. Get one and use it!

3 Take the readings seriously. That means keep up with the reading, ask questions about it and try to understand *why* you're reading what you're reading. If you know why you're reading it, you know what knowledge to focus on.

4 Ask questions, but show that you're trying to understand. They say dumb questions don't exist, but if the answer to your question is in the course guide, it *is* a dumb question. But if you don't understand a concept or you need extra clarity, ask your teacher about it. Be sure to show them that you have tried to answer the question yourself, and explain what part you don't understand.

5 Be curious when selecting your courses. At Wageningen you have the opportunity to try out so many different things. Do that. Get out of your comfort zone. It brings new perspectives to you as a student.

6 Transitioning to a new stage of life can be tough, so **find healthy ways to deal with the stress.** Find some sports that you like, eat healthily and get help if you need it. The university has support available in the form of student psychologists, study advisers, student deans, confidential advisors and more. If you feel overwhelmed, find someone to talk to, for example via the Student Service Centre. It's the bravest thing you can do!

7 In online education, it is important to take your time and **divide the work up.** Rest is crucial, both for your body and your mind!



Perry den Brok

Professor of Education and Learning Sciences

1 Study regularly. Research shows that it is often better to learn small amounts frequently than cram really hard for an exam in one go, because you forget most of it afterwards. You might be able to pass your exams with some last-minute revision but hopefully you came to university to genuinely learn something. So it's good if you haven't then forgotten everything again a week after the exam.

2 The next tip is actually rather a bad one... but there are some books, for example *Test Heroes*, that explain how teachers create exams. If you **know how exams are designed**, you will have a better idea of what to do to pass them.



Hannie van der Honing

Cell Biology teacher

1 There is a lot of scheduled time with teachers in Wageningen, yet students still choose to skip lectures. That is a shame as the lectures show where the focus lies, and you can ask the teacher questions in the break and after the lecture. In the current situation, lectures are generally online. My advice here too is to **attend the digital classroom sessions whenever possible**. If lectures from previous years are being used, watch these lectures at the times scheduled in the timetable. That will enable you to ask questions immediately, for example in discussion forums.

2 Prepare properly for practicals. It is a shame if you have to use your hours of access to teachers figuring out what to do. If you are well prepared when you start the practicals, you can use the time in the lab

3 Think about the long term. What do you want to get out of your degree and what do you want to do later? The possibilities sometimes seem endless so it's a good idea to figure out what direction you want to take. For example, are you more interested in the research side or the commercial side?

4 Lectures aren't the only way you learn things. Try and find out more about your degree subject outside your courses. Watch films, go to talks or try out something in practice that you learned in lectures.

to ask questions about the content and to share in your teachers' enthusiasm for the topic.

3 Don't put off revising for your exams until a few days before the exam date. If you pace your revising and work actively on the course material at different moments during the period, that will help you remember what you learnt much better. You spend the same amount of time in total but increase your chances of passing the exam.

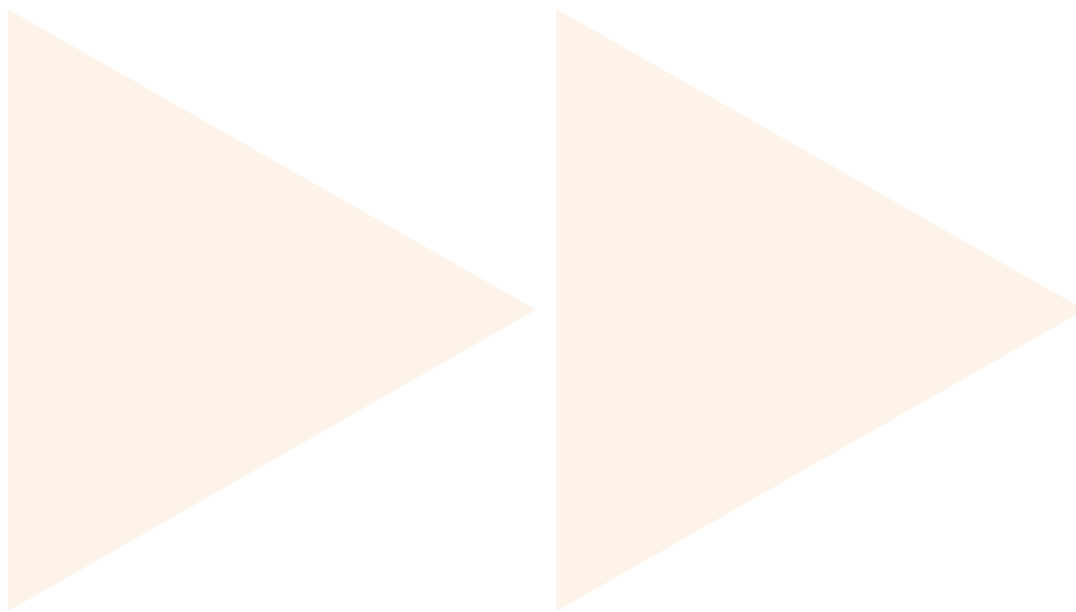
4 Don't be afraid of some delay in your studies if that lets you do something you are enthusiastic about and can learn a lot from. Students who spend a year on a committee or board learn soft skills that will help them an awful lot when they start work.

5 Some students take their degree programme very seriously – too seriously, I sometimes think. My tip for those students is to **enjoy the freedom that you have as a student** because it becomes much harder once you start work.

6 Now that more of our teaching is digital for the time being, **make sure you take breaks from your computer screen**. Close your laptop and make a drawing or diagram of what you have just learned, go on a walk or exercise intensively for an hour or so, and drink a cup of coffee with fellow students or your flatmates.

THE WONDROUS WORLD OF WUR

Wageningen research is wide-ranging and colourful. There is a lot more going on than you will come across during your degree programme. By way of welcoming you to this wondrous world, *Resource* has lined up the highlights from recent research in the five science groups at Wageningen University & Research. Text Roelof Kleis, Tessa Louwerens and Albert Sikkema



LEGEND: WHO DOES WHAT?



AGROTECHNOLOGY & FOOD
SCIENCES GROUP



ANIMAL SCIENCES GROUP



PLANT SCIENCES GROUP



SOCIAL SCIENCES GROUP



WAGENINGEN ENVIRONMENTAL
RESEARCH

FINGERPRINT OF A TREE

Its annual growth rings show a tree's age and possibly its origin. Growth rings are the tree's archive, and they contain even more information: DNA, the genetic basis of life. Tree geneticist Paul Copini (Vegetation, Forest and Landscape Ecology) and his team have developed methods of tracing the origin of timber using genetic fingerprints. A useful aid for identifying shipwrecks, for example.



NEW DRUGS

Plants, bacteria and moulds make natural molecules that can serve as medicinal drugs. One example is penicillin. With more and more pathogens becoming resistant to antibiotics, we need new drugs. Satria Kautsar (Bio-informatics) searched through 200,000 genomes of plants, moulds and bacteria using specially developed software that pinpoints where we can find such natural medicines. This generates a kind of world map of genes with potential for use in making new medicines.



SWEET E-CIGARETTES POPULAR

Smokers and non-smokers share a preference for e-cigarettes with a sweet or menthol flavour, shows a study by Erna Krüsemann (Human Nutrition and Health). The state secretary of Public Health, Welfare and Sport therefore wants to ban sweet flavourings in e-liquids. The aim of a ban on flavourings in e-cigarettes is to make them less appealing to young people and non-smokers.



SWAT A MOZZIE

In February, Wageningen entomologists asked Dutch people to swat mosquitoes and send them in. In no time they were inundated: over 5500 envelopes arrived thanks to the 'Mosquito radar' project. Researcher Rody Blom (Laboratory for Entomology) sorts the mosquitoes into the *Culex* (the common or garden mosquito), the *Culiseta* (the large mosquito) and the *Anopheles* (malaria mosquito). Blom used the senders' postcodes to map the origins of the mosquitoes, which are also studied for pathogenic viruses.



ANTI-VAX MESSAGES SPREAD LIKE WILDFIRE

Negative messaging about Covid vaccines are retweeted six times more often than positive ones, discovered Jasmina Ruger (Business Management & Organization). She also discovered that anti-vaxxers more often retweet old information. According to Ruger, anti-vaxxers focus on messages that confirm their beliefs. 'Because they retweet them more intensively, these messages spread like wildfire. And they reach other groups that are not necessarily against vaccination, but might be influenced by such messages.'



STICKING TO MUSHROOMS

Velcro is highly adhesive, but damages surfaces when it is pulled off. Joshua Dijkman has developed a material that sticks well without that disadvantage. The material, made using 3D printing, consists of a silicon rubber surface covered in tiny mushroom-like pillars. The mushrooms latch onto the surface to be stuck to. A nice bit of bio-nanotechnology.





DNA FROM ONIONS

WUR researcher Richard Finkers (Genomics and Big Data Application) and his colleagues have unravelled the DNA of the onion. This was no easy task as the onion genome is five times bigger than the human one. The researchers had to sequence 100,000 fragments of DNA, 95,000 of which were hard to tell apart. Now the DNA sequence has been established, plant breeders can develop new varieties faster. They are looking for onion varieties that are more resistant to drought and fungal diseases.



YOUNGEST GETS INDULGED MORE

Mothers decide what children eat, showed Femke Brouwer (Food Quality and Design). She also found that mothers are more health-conscious in their choice of snacks with their first child. This may explain why youngest children are more often overweight. Governments, health-care organizations and producers can make use of these insights in their campaigns and product development.



ROTTING ON A SANDBANK

A dead northern minke whale is decomposing on the Rottumerplaat, an uninhabited Dutch Wadden island. It goes by the name of Godfried, after the writer Godfried Bomans, who once spent a week on the island. The process is being monitored with scientific precision by Martin Baptist (Marine Research) and his colleagues. The researchers want to know what impact a rotting corpse like this has on the biodiversity around it. The results could lead to a policy of leaving dead beached marine mammals to decompose more often.



YEAST REPLACES COW

To obtain the casein found in milk you need a cow. But there is an alternative. You can alter yeast genetically so that it makes casein too. Etske Bijl is going to work on this in collaboration with industry. A crucial point is that the process should make the protein clot just as it does in milk. So yeast could make the cow redundant. Shame for the cow, but better for the environment.



ALGAE FARMING IN THE DESERT

There is plenty of sunshine, you can produce all year round, and you can do so on 'free' non-productive land. All this makes the desert in Qatar an ideal place to cultivate algae, says Kira Schipper (Bioprocess Engineering). She studied the cultivation of a local alga that grows in salt water and produces a blue pigment that can be used in pharmaceutical products and make-up. She tested the production in the desert in 200-litre tanks of salt water. The biggest problem was too much sun: algae cannot cope with UV light.



TRACKING DOWN DRUGS WITH A PHONE

The police in the Zuidas area of Amsterdam may soon be using a scanner on their mobile phones to track down cocaine. Yannick Weesepeel and Martin Alewijn (Wageningen Food Safety Research) have worked with the Amsterdam police to develop a cheap scanning app to locate cocaine on the streets.



CHANCE VACCINE

Viruses can do a lot of damage – as everyone knows by now. Virologist Jeroen Kortekaas and his team have developed a vaccine against Rift Valley fever. And successfully too, though the extensive testing phases are still to come. Kortekaas used a live attenuated virus to elicit an immune response. Thanks to a split in the virus's genome, it induces an immune response instead of making people ill. Smart work, which was discovered by chance. Even scientists need some luck.

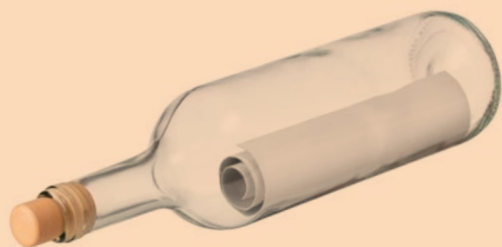


SCANNING PAINT

Restoring valuable paintings is delicate work. Jesse Buijs (Physical Chemistry and Soft Matter) has designed a gadget that reveals how solvents used to remove varnish penetrate paintings. The gadget uses laser to measure the miniscule movements of pigment molecules in the paint: a worldwide first. Buijs can use his gadget to predict whether the paint will be damaged during cleaning.



MESSAGE IN A BOTTLE



How does plastic travel by sea? Where does a bottle end up if you throw it in the sea on Texel island, say? The Plastic in a Bottle project is finding out. Researcher Wouter Jan Strietman (Performance and Impact Agrosectors) threw a bottle full of sensors in the sea. This is not really research (there is only one bottle), but more of a communication project to make us aware of how plastic drifts around the world. The bottle went into the water at the end of May and first drifted round and round the North Sea. If you want to see for yourself, go the PAME website.

THIS IS WHY AFRICA LAGS BEHIND



Why has the economic development of Africa lagged behind the rest of the world for the past 50 years? It is because African countries conduct too little internal trade, concluded Ewout Frankema (Agricultural and Environmental History). African countries still mainly export minerals and tropical crops to Europe and lack the kinds of regional trading networks and local industries that are found in Asia. Enterprising migrant labourers from China and India established such regional trading networks throughout Asia. But African leaders kicked out these kinds of 'foreigners' after independence – to the detriment of trade and development, says Frankema.



BANANA MOULD

A leaf mould called Black Sigatoka disease is affecting banana plantations around the world.



To save the harvest, banana growers use fungicides against the mould, but it is becoming more and more resistant to these pesticides, shows research in the main banana-producing countries. According to research leader Gert Kema (Laboratory for Phytopathology), using fungicides is a dead-end route. He has been arguing for years for the development of new banana varieties that are resistant to Black Sigatoka.



WHO IS WHERE

- **Agrotechnology & Food Sciences:** the food researchers are in Helix, the agrotechnologists in Axis;
- **Animal Sciences:** mainly in Zodiac;
- **Environmental Sciences:** most of the activity takes place in Lumen and Gaia;
- **Plant Sciences:** mainly in Radix; the plant scientists use the greenhouses behind Unifarm for their research;
- **Social Sciences:** most of the social scientists are located in the Leeuwenborch.



PLACES TO BE

- | | |
|--------------------|--------------------------------|
| 1 Forum | 14 Nexus |
| 2 Orion | 15 Leeuwenborch |
| 3 Atlas | 16 De Bongerd |
| 4 Helix | 17 Campus Plaza |
| 5 Dialogue Centre | 18 Bornsesteeg |
| 6 Lumen | 19 Markt |
| 7 Gaia | 20 Emmaus
second-hand shop |
| 8 Radix | 21 Cicuto ice cream
parlour |
| 9 Axis | 22 Heerenstraat cinema |
| 10 Zodiac | 23 THUIS Wageningen |
| 11 Futurum/Impulse | 24 Torckpark |
| 12 Aurora | |
| 13 Vitea | |



Ede & train station
Ede-Wageningen

Droevendaal



Academic Year 2021—2022

Back to campus

The coronavirus crisis brings a lot of uncertainty with it, but for the Dean of Education Arnold Bregt, one thing is certain: the campus must go back to being at the heart of education.



Text Luuk Zegers

‘The past year and a half have been very hectic for students and teachers alike. The only constant factor was change. At the start of the coronavirus crisis, all the education had to go online at one blow. With tremendous creativity and effort, our teachers and support staff managed to prepare for that transition in just one weekend. Last summer we were allowed to do a bit more on campus, but then came the second lockdown in the autumn, and we soon had to do as much as possible online again. In short, it has been an incredibly unsettled time, and yet

‘There’s more to an academic education than knowledge transfer’

between us we’ve managed to maintain a good standard of education. ‘Actually, the uncertainty is not over yet. The ministry is only going to decide what to do on 13 August. That is a real nuisance because it means

you don’t know whether classes can go ahead place in the form we are currently planning. Lectures need preparing, timetables have to be made, practicals have to be set up – and you can’t change around preparations like that very quickly. We are assuming that our own scenario will be viable: one in which we can teach groups of maximum 75 students on campus without social distancing. But the campus really must go back to being at the heart of the education again: students need to meet and talk to each other and be able to discuss things together. Practical and seminars should go ahead as much as possible, but it’s alright for teachers to continue to make use of online education as well.

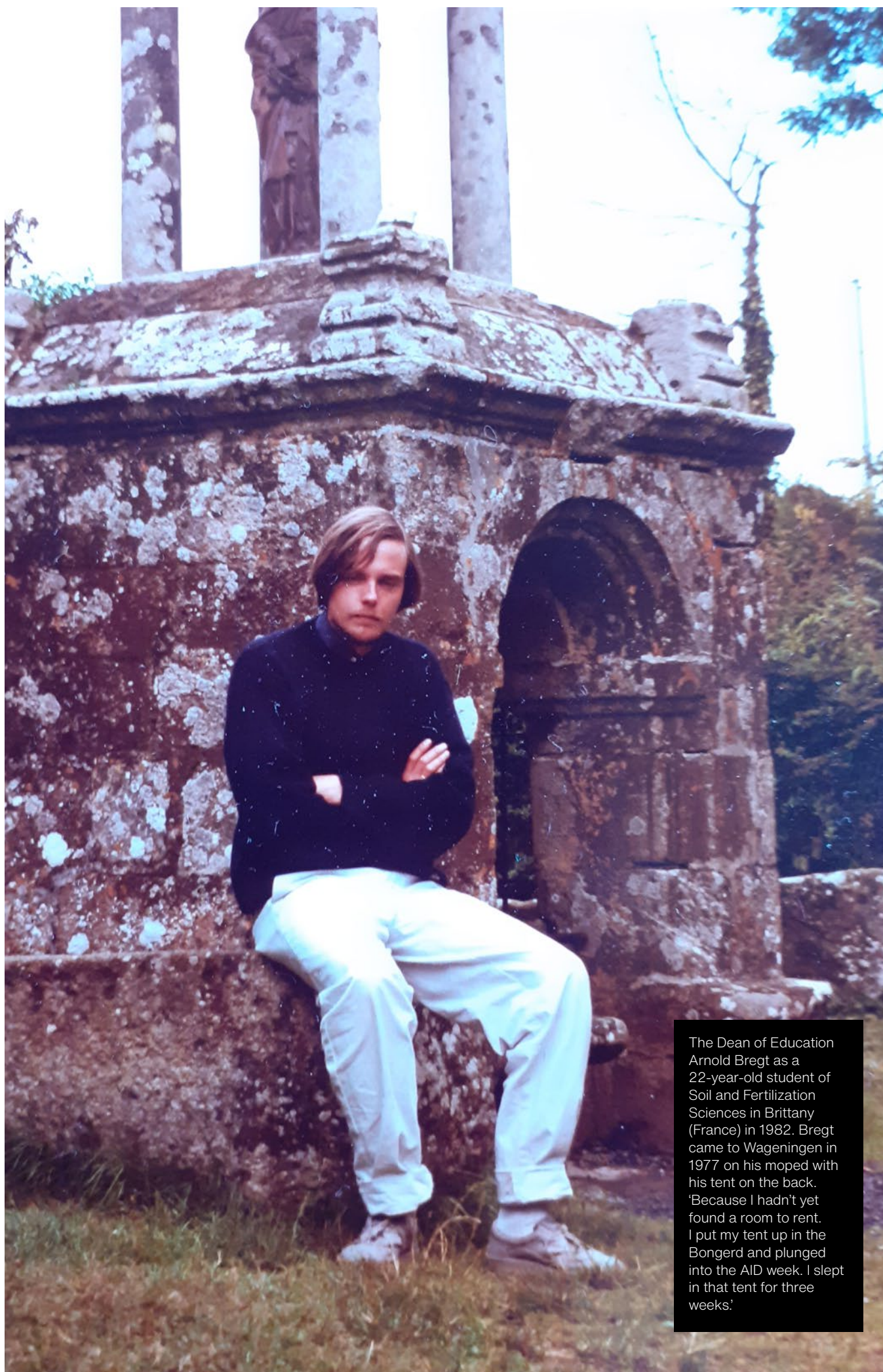
‘We’ve got a fallback scenario, or Plan B too, in which we do have to keep up social distancing. That has implica-

tions for the capacity of rooms, and therefore for timetabling, so we have made a fallback timetable just in case. Luckily the new education building, Aurora, is ready, and that simplifies the timetabling. But even in this scenario the education is still campus-based.

‘The reason we are so keen on campus education is that there is more to an academic education than knowledge transfer. The university also has a socialization function: students need to learn how to collaborate. And there is personal growth too, like the development into a critical thinker. You become a critical thinker by being exposed to a range of opinions and then formulating a critical opinion of your own. Online education is fine for knowledge transfer, but it’s quite a bit less effective than on-campus education for learning to collaborate and for personal development. And another aspect of socialization takes place when you go off to the pub together and learn to find your place in groups.

‘One thing I would like to say to new students is: don’t worry about your CV not being up to scratch. A lot of young people worry about that and do everything for the sake of their CV. But nearly all Wageningen graduates find a job within three months. So above all, try and enjoy your student days, and if you are going to do extracurricular activities, choose things you enjoy and are energized by.’ ■

Arnold Bregt studied Soil Science and Fertilization. He became professor of Geo-information Science at Wageningen in 1998, and as such was intensively involved in the MSc in Geo-Information Science. In 2017, he was appointed Dean of Education, a post which he combines with one day a week of teaching and research at the Laboratory of Geo-information and Remote Sensing.



The Dean of Education Arnold Bregt as a 22-year-old student of Soil and Fertilization Sciences in Brittany (France) in 1982. Bregt came to Wageningen in 1977 on his moped with his tent on the back. 'Because I hadn't yet found a room to rent. I put my tent up in the Bongerd and plunged into the AID week. I slept in that tent for three weeks.'

Join one but which?

Joining a student society is a great way to meet new people and make friends. But which society would suit you best? Some introductions!

BSG

The Brabant Student Guild of Our Lady is one big group of friends where everyone knows one another and gets on well.

Our society showcases the famous sociability of Brabant people but you certainly don't have to come from the region. There are organized activities every week but nothing is mandatory.

www.hetbsg.nl



W.S.V. Ceres

Do you want to develop skills while at uni but also enjoy great parties and have a lot of fun? Are you looking for a place where you can feel at home and be yourself, where you make friends for life and where the possibilities are endless? Do you like the sound of living in one of our 48 society houses? That is all possible at Ceres, the oldest and one of the largest student societies in Wageningen! Our detached clubhouse is open to our members four days a week. You can enjoy a cheap meal and a beer that only costs €0.95!

www.aidwsvceres.nl/



CSFR

Dei Gratia is the Wageningen branch of CSFR, a friendly Christian student society. In addition to Bible groups and drinks receptions, we organize interesting talks and study circles. We regularly discuss a wide range of societal and philosophical topics in the light of our Christian beliefs. We are also a close-knit group of friends who play sports together, do fun things together and go on weekend trips together. Feel welcome to join us!

www.csfrwageningen.nl



Dei Gratia
Dispuut der C.S.F.R. te Wageningen



DLV Nji-Sri

Our society is based right in the centre of Wageningen. All students are welcome here every Thursday to enjoy a beer. We have fewer members than the other student societies, which means we get to know everyone in the society and are very close. We started out as a society of agriculture students and we have a large network of alumni members all over the world who we are in regular contact with.

www.njisri.nl



Ichthus

Here at Ichthus, we stand for faith, enjoyment and bearing witness. Strong friendships develop as a result of that combination of relaxation and a serious quest for God. What is more, it gives you the skills to make a difference in society and your future field of work through your religion.

www.ichthuswageningen.nl



IxESN

ESN Wageningen is an international student organization and part of the Erasmus Student Network (ESN). Each week, we organize social, cultural, integration-related, travel-related and sporting activities so that you can meet new people and have maximum fun while at university! There is no lack of parties and excursions either, such as trips to various destinations in the Netherlands and Europe. With our ESNcard you get discount on our activities and from our local and international partners! Register for our Buddy Programme (as a mentor or mentee) and get an international circle of friends. Hope to see you soon!

www.esn-wageningen.nl



ISOW

Our mission is to embrace the international character of Wageningen and create a culturally and socially inclusive space so that being part of International Student Organisation Wageningen feels like being part of one international family. We do so by running a wide range of language and dance courses, activities and excursions. We are the place to be to meet people from all over the world! To find out more and get the latest news on our courses and activities, go to www.isow-wageningen.com

**KSV Sint Franciscus Xavierius**

Franciscus is one of the largest student societies in Wageningen. Over 800 members are actively involved in committees, sub-societies, year groups and debating groups. Everyone can find their own niche and build a strong network of friends for life. Get your student days off to a good start with Franciscus! www.ksvfranciscus.nl

**NSW**

From sports to games evenings, from society weekends to Bible groups — NSW is an active Christian student society that offers a wide range of activities. There are all kinds of opportunities to build close friendships and develop skills through committee work, and there is always room for a good conversation and a nice beer. We combine growth in your faith with drinks dos and a sociable atmosphere! www.navigators.wageningen.nl

**'t Noaberschap**

A lot of students from Twente and the Achterhoek region join 't Noaberschap, so it does wonders for your network back home. Of course, people from other parts of the Netherlands are more than welcome! We are an easy-going society where everyone knows one another. Every week, there is an event organized by the board or one of the committees. <http://www.hetnoaberschap.nl>

**SHOUT**

Wageningen's LGBTQ+ society (lesbian, gay, bisexual, transgender, queer and more). SHOUT is both an interest group and a social club for all ages, which runs social evenings, open parties and introduction and support groups. We also help LGBTQ+ refugees and provide information about sexual and gender diversity in schools. www.shoutwageningen.nl

**Unitas**

Unitas is a youth society with impressive premises in the heart of Wageningen. We are a friendly, open group offering a place where you will feel at home and be able to develop as a person. We are open to all kinds of ideas and people. Playing board games, hardcore partying, beer or soft drinks — it is all possible at Unitas. www.jvunitas.nl

**VGSW**

VGSW is an active Christian society that organizes all kinds of activities, such as a weekly Bible circle, drinks dos and weekends away, as well as online activities now. In our sociable little society, you will soon make great friendships. There is also plenty of room to develop as a person, discover your talents and grow in your relationship with God. www.vgsw.nl

**SSR-W**

SSR-W is one of Wageningen's biggest student societies but it never feels too big because all the members know one another. The year clubs, committees, debating groups and clubs mean there is plenty of opportunity to find your niche, for your student days and beyond. SSR-W, unstoppable! <https://aid.ssr-w.nl/>

**WSSFS**

The Frisian student society is the most sociable regional student society in Wageningen! We speak Frisian here, but even so anyone who is looking for a fun time is welcome. We are a friendly society with few obligations. There are different activities every Tuesday evening, which make our great society the perfect combination for student life in Wageningen. Oant sjen! (See you soon!) www.wssfs.nl

**Yggdrasilstam**

Yggdrasilstam (student scouting) is a friendly group of students who do scouting-related activities together. We eat together on Wednesdays. We also go camping a couple of times a year, sometimes just as a group of our and sometimes with other Dutch student scouting groups. Do come along, even if you have never done scouting before! www.yggdrasilstam.nl

**WSR Argo**

Rowing is the quintessential student sport and easy for anyone to learn. But rowing is more than a sport: it is about friendship and club activities. Argo gives you the opportunity to row at every level, from touring to the European championships! You train on the Rhine and in the largest indoor rowing facility in the Netherlands! When not in your boat, you will meet up at the weekly dinners, sociable drinks dos and great parties. In addition to rowing skills, you can develop organizational skills in one of the many committees, and learn for example how to DJ or organize a Dutch Championship. www.aidargo.nl

**Tip**

Wageningen also has a lot of sports, music, hobby and environmental societies (see page 24 for the green clubs). And every degree programme has its own study association. See wur.nl/nl/show/Verenigen.htm for a complete list.



Flavours of WUR

Student grub

All the flavours of the world can be found in the WUR community. Here's a foretaste for you, with two recipes from different countries, which are cheap and quick to make.

Pasta e ceci

Vegan, nutritious and perhaps more importantly: delicious! You'll have this simple but tasty *pasta e ceci* (pasta with chickpeas) on the table in no time.

1. Fry the garlic and peppers in the olive oil for a few minutes.
2. Add the chickpeas, diced tomatoes, orecchiette and thyme.
3. Bring the mixture to the boil and let it simmer until the pasta is *al dente*.

- Ingredients:**
- 2 soup spoons of extra virgin olive oil
 - 4 cloves of garlic, finely chopped
 - 4 red and yellow peppers, sliced
 - 2 tins of chickpeas, drained
 - 4 tins of diced tomatoes
 - 400 grams of orecchiette (or other pasta)
 - 2 teaspoons of thyme



Ingredients:

- 1 leek
- 1 large clove of garlic
- Olive or coconut oil
- 100 grams fresh kale (look for 'boerenkool' in the shop)
- 8 large eggs
- The leaves of 4 sprigs of mint
- 150 grams of crumbled feta
- 30 grams of freshly grated pecorino romano
- 10 slices of sun-dried tomatoes in oil
- Sea salt and freshly ground pepper



Frittata with kale (or any veg you like)

What can you make if you want to cook a vegetarian meal but you're feeling lazy and one of your housemates has just given up carbohydrates? Frittata – a.k.a. crustless quiche. The leftovers make a good anti-hangover breakfast, too.

1. Heat the oven to 180 degrees. Cut and wash the vegetables. Peel the garlic and chop finely.
2. Stir-fry the leek and garlic for about 10 minutes, add the kale and let it shrink
3. Beat the eggs in a large bowl with the mint, feta, pecorino romano and sun-dried tomatoes. Add pepper and salt to taste and beat the mixture until it is light and airy.
4. Add the mixture to the vegetables. Line a cake tin with baking paper and pour the mixture into it.
5. Put it in the oven and put your feet up for 40 minutes.

Tip

You can chuck in any veg you like, so this is a great recipe for using up those leftovers in the fridge. You could replace the kale with spinach, for instance, or add an onion. Serve with salad.

What recipe reminds you of home? Share it with *Resource* so we can all enjoy it! resource@wur.nl

Cosy

When I first came to Wageningen as a student – it was October I think – I was offered a room with its own kitchen and a shared bathroom on the Haarweg. That sounded great, of course, but a viewing was not possible. And signing a rental contract without seeing the place is not my thing, so I decided to cycle over to the Haarweg in the hope that one of the 13 housemates would open the door and I'd be able to look at the shared facilities.

I was lucky: the guy who opened the door gave me a funny look when I told him I had popped over to take a look at my future home, but then he let me in, showed me around and told me a bit about the house and who lived there. Later the same day I bumped into the same guy on campus and met another future housemate in the supermarket. That's exactly what I like so much about Wageningen: the town is so teeny-tiny that

'That's the nice thing about Wageningen: it's so teeny-tiny that you are always bumping into people you know'



Emma Mouthaan

you are always bumping into people you know. There's something so cosy about that! Sadly though, Wageningen's small size (and its relatively poor public transport connections) also means not many people stick around after graduating or starting another degree programme elsewhere. And that goes for me too.

I am currently typing this piece sitting among my packing boxes with my laptop on my lap in my new studio in Utrecht. You see, I decided to do a Master's in Amsterdam, but, sadly, the commute from Wageningen is too long.

I shall miss the cosiness of Wageningen terribly. But you are (probably) right at the start of your student days here! Which means you've got at least three years to enjoy all that Wageningen has to offer. So look for a room (yes, it is worth the money!) and make the most of the time when all your friends, acquaintances, course mates and fellow club members live around the corner!

Emma Mouthaan (26) is a Master's student of Molecular Nutrition and Toxicology and is also taking a Master's in Writing at VU University Amsterdam. Emma blogs about studying and finances on her website: skerestudent.com

Which one suits you?

Fifty shades of green

Wageningen is bursting with green clubs, associations and activist groups. In fact, it's so green you can hardly see the wood for the trees. Here's a guide to stop you getting lost.

Green Fingers

Do you prefer to grow your own food? You can do that at the **Creative Garden Wageningen @ de Hoge Born and Wageningen Student Farm**. At these initiatives, you run a vegetable garden together with others, growing vegetables, mushrooms, flowers and herbs. It's a chance to put what you learn on your degree course into practice, but mainly it's a fun way of gardening and eating together.

The **Boerengroep** foundation offers internships at sustainable and innovative farms. It also organizes the Farm Experience Internship every summer, on which you can work at sustainable agrarian enterprises, from organic farms to food forests.

Do you like walking and cleaning up? Then you should join the monthly litter-collecting walk organized by **Wageningen Schoon**. Or would you rather help with nature and landscape management in and around Wageningen? Then you could join **Mooi Wageningen's** planting campaigns.

Good taste

For those who enjoy tasty sustainable food, there is more than enough to do. Interested in plant-based food? Join the **Vegan Association Wageningen**. As well as dinners and cooking workshops, there are quizzes, lectures, film evenings and outings. Or go along to the fortnightly vegan café in **Ppauw** eco village.

Prefer to set to work in your own kitchen? Cook with local seasonal produce by signing up for the vegetable box from **Wageningen Environmental Platform**. Have you cooked up a storm with it, and now it's more than you can eat? Share it through the **Foodsharing Wageningen** Facebook group: you can leave the leftovers in the fridge at **THUIS**. This Wageningen community living room is also the place to be for other activities, lectures and workshops.

Time for action

Got ideas for making the university greener? Pop into **Green Office** and **Wageningen Environmental Platform** in Forum C239. They will help you realize your initiative. Or approach one of the student council parties such as **S&I** (Sustainability & Internationalization). As a student council party, they can submit proposals to WUR's Executive Board.

And of course, you can also join an activist group like **Extinction Rebellion**. Besides demonstrations and climate marches, they organize discussions and talks about the direction the university is going in.

Or are you more the type for mixing work with pleasure? The first **Globus** was held last July: a sustainable festival organized by WUR students. All profits go towards conserving the rainforest in Costa Rica. Plans are being made for the second edition!

In the student societies, it is the **DuurCos** (sustainability committees) which inspire members during sustainability weeks and figure out how the societies can go greener.



Soul Food

How can we run the world in an environmentally friendly and socially fair way? Organizations like **OtherWise** and **Rurale Universiteit Wageningen (RUW)** ask questions, stimulate dialogue and help you look at the world with a critical eye.

Boerengroep does that too, but then with a focus on agriculture. Boerengroep is also behind **Inspringtheater**, an improvisation theatre group that raises serious issues in a light-hearted fashion.

If Jane Goodall is your hero, take a look at the **Future for Nature Academy**, where you can meet young nature conservationists from all over the world.

And then there is **RENEW**: Restoration Network Wageningen, where everything revolves around one thing: restoring ecosystems. How do you do that, actually? By bringing people together, developing educational programmes and going on excursions to ecosystem restoration projects.



Still finding it hard to choose?

Keep an eye on the communication channels of the Green Active Network Wageningen and go to one of their drinks parties, which bring different groups together.

Or join in one of the Regreenings: the initiation ritual for getting to know the green organizations.

SPEAK WAGENINGS

Cut out
and save!



As a student in Wageningen, you will end up speaking jargon: a combination of typical Wageningen concepts and classic student slang. Get the hang of this ABC and you will be off to a good start.

Text Carina Nieuwenweg and Luuk Zegers

A

ABW: Anything But Work (study avoidance behaviour). Doing the washing up, mending a flat tyre — suddenly everything is a higher priority than studying. Takes on epidemic proportions during revision week.

Ad fundum: Latin for 'bottoms up'. Various bastardized versions also get used in Dutch. Means downing a beer or other alcoholic beverage in one go.

Agrotech: Typical Wageningen term. Technology focused on agriculture.

Arthur Mol: Current rector of Wageningen.

Asserpark: One of the four blocks of student flats in Wageningen.

B

Bike jam: Traffic jam involving bikes, a problem in Wageningen. Your greatest chance of seeing one is at 8:30 at the Bornsesteeg crossing.

Bongerd: Sports centre for Wageningen UR students and staff. With a large fitness room, playing fields and various sports courses.

Bornsesteeg: One of the four blocks of student flats in Wageningen. This block is closest to campus.

Bractical: Doing a practical when you can still feel the effects of the previous evening's boozing.

C

CSF: Christian Student Fraction. One of the three parties in the Student Council.

Cum laude: Distinction. At WUR, cum laude means you averaged an 8 for your modules and got at least an 8 for your Bachelor's thesis or at least a 9 for your Master's thesis.

D

Dies: Fancy word for an anniversary. Used by both the university and student societies.

Dijkgraaf: One of the four blocks of student flats in Wageningen.

Droevendaal: Group of houses forming a student district close to campus. 'Droef' is a tight-knit community with its own culture that for a while even had its own mayor. The students also organize activities that are open to everyone.

E

ECTS: European Credit Transfer System. System that uses credits to allow comparison of courses and modules in different countries. In theory, 1 ECTS point is the equivalent of 28 hours of study.

Erasmus: Exchange programme and fund for students who want to go abroad for courses or an internship.

Extended daytime schedule: Alternative to evening lectures. Modified schedule in which lectures take 40 minutes instead of 45, start at 8:20 and continue until 19:00.

F

Forum: Large red-brick teaching building on campus.

FOS: Dutch funding scheme for students. Students get financial compensation if they take time out to

do committee work, take part in elite sport, have a baby, cope with certain family circumstances or because of illness.

G

Growth problem: The challenges caused by the rapid growth in the number of students. Examples are scheduling issues, a lack of lecturers or lab assistants, and room shortages.

H

Hangover lecture: Lecture when you can still feel the effects of the previous evening's drinking session.

Hoeverstein: One of the four blocks of student flats in Wageningen.

Home: Your student house.

Home-home: Your parents' house.

Knotsball: Popular student sport involving a stick with foam rubber at one end. Also known as tampon hockey.

L

Lecture: You don't have classes at university, you have lectures.

Liberation Festival: The Nazis surrendered control of the Netherlands on 5 May 1945 in Hotel de Wereld in Wageningen. Which is why Liberation Day is celebrated on a grander scale here than anywhere else. Wageningen's main festival day.

Louise Fresco: President of the Executive Board

Major: Main subject that you study for your Master's.

Minor: Part of your third Bachelor's year where you choose yourself what to study. Can also be done at a different university.

O

One for the road: A last beer before leaving.

Open parties: Parties organized by student societies that are also open to non-members. There is an open party every Thursday at one or other of the main societies.

Orion: Large teaching building on campus (with grey facades).

Period: In Wageningen, the academic year is divided into six periods: four long ones for 12 credits and two short ones for six credits.

Quidditch: A sport based on the Harry Potter books. Wageningen has its own quidditch team, the WURwolves.

Revision week: The week before last in a period, when nothing is on the timetable so that students can prepare for the exams in the final week of the period.

S

S&I: Sustainability and Internationalization. One of the three parties in the Student Council.

Soil-drilling championships: A muddy and uniquely Wageningen spectacle in which teams compete to get the soil drill into the clay as fast as they can. The championships have been run for at least 20 years by Pyrus study association and take place at Haarweg in October. Come and watch!

StartHub: The place to be to find out about entrepreneurship.

Star flats: Star-shaped blocks of student flats that are landmarks in Wageningen. There are currently six star flats, four of which are student only.

Student counsellor: Gives advice and information. You can go to them for all your questions about your degree, from getting an extension due to special circumstances to student grants and private funds.

Student Council: Representative body chosen by students that looks after the interests of all students.

Student society: Social club that has nothing to do with the degree programmes. See also pages 28-29.

Study association: Association linked to a particular degree subject. Organizes subject-related activities. See also pages 20-21 and 24-25.

T

Teacher of the Year Award: Annual prize for the best teacher. Teachers get a cash award that they can spend on their teaching.

U

UFW: University Fund Wageningen. Manages various funds that pay grants to finance outstanding Wageningen research and education. Also provides scholarships for international students.

VeSte: Verenigde Studenten ('united students'). One of the three parties in the Student Council.

Wageningen Beasts: Sports club for students interested in strength training. Organizes notable events every year such as Strengthday and the Strongman Competition.

Wageningen quarter: Flexible first 15 minutes of a lecture. But not every lecturer observes this tradition.

Wayo: Local Wageningen youth.

WUR: Short for Wageningen University & Research.

WURkForce: Sends a weekly email with a list of jobs that you can apply for if you want to earn some extra money.

X

Zaaiër: Pub that's popular with students in the centre of Wageningen, and the name of a statue at the campus entrance.

Revelry and rebelry

I guess it must be three years ago now that I was standing in a friend's backyard at three in the morning. He had offered to put me up during the AID, but I guess there were not enough keys to go round. I remember calling him, ringing the doorbell, shouting at the building, and eventually climbing onto a roof, swearing, and from there onto a balcony where I found an unlocked door. I don't remember if I ever

'Don't latch on to this first opportunity for friendships based on drinking. The alternatives are endless'

told him, but I used that route several nights in a row.

No, I loved the AID, this week-long mating ritual with its trashy parties in clammy basements. These were the sticky kingdoms of the student associations, this parallel pecking order where the alpha males pranced around like so many proud roosters with their identical gelled-up hairstyles. I too had been a member of such a club in a previous life, when I studied computer sciences, a degree programme on which the male-female ratio was a dire 200 to 4.



Luuk Slegers

There I learned how to drink a lot to suppress social anxiety and to almost move to a beat.

During the AID you get the impression that these student associations are of great social relevance, or even the only way to harvest friends. But they are just a short-cut, an IKEA friendship package, where the furniture does not match your tastes at all, but it's cheap and easy to assemble. Just as I would suggest you get your furniture from one of the many secondhand stores in Wageningen, I would recommend you thrift your friends from all the corners of your new life.

Don't latch on to this first opportunity for friendships based on drinking in order to forget that you have nothing in common. The alternatives are endless. Join Extinction Rebellion, for example. Holding onto someone's hair while they puke in a toilet, you can make a friend for an evening. Getting arrested together, you can make a friend for life.

Luuk Slegers graduated recently with a Master's in International Development, specializing in Sociology.



Student Training & Support

Your study at WUR is about acquiring knowledge and taking steps towards your future career. To perform well it can be helpful to learn how to draw up an effective study plan, manage stress & perfectionism or speak with ease, just to name a few.

Student Training & Support offers a variety of hands-on trainings and workshops to improve your study skills, work on your (mental) well-being and explore your talents. Free of charge, so check out our programme at wur.eu/sts and subscribe to our newsletter to stay tuned.

www.wur.eu/sts



Find us on Instagram!



WUR_Wellbeing



WAGENINGEN
UNIVERSITY & RESEARCH

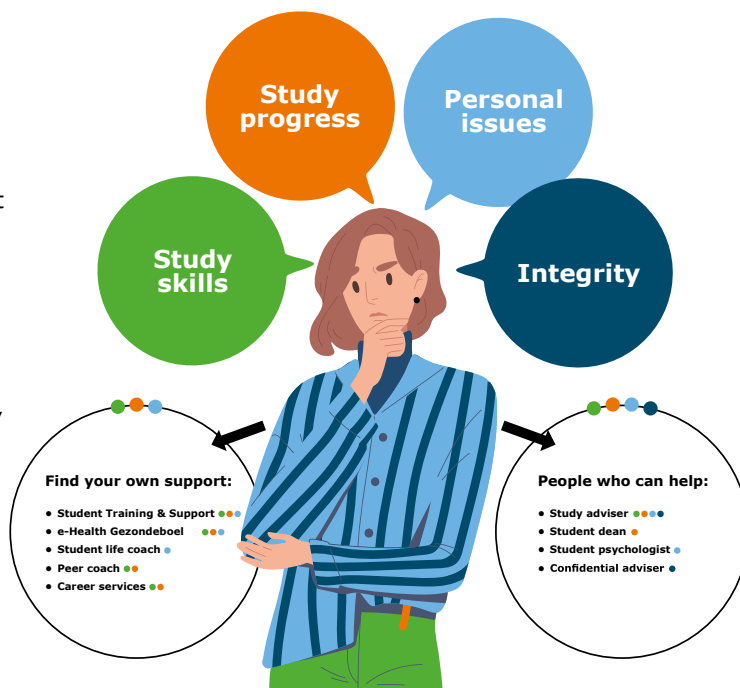
Student guidance Find your way

At WUR, we care about your well-being. Sometimes you need some extra help or support with life or study issues. Find your own support by choosing a training at Student Training & Support or at "Gezondeboel"

Good to know, there are also professionals at WUR who can advise and help you. For example, your study advisor, the student dean or student psychologist.



Check out
wur.eu/studentguidance
and find your way!



WAGENINGEN
UNIVERSITY & RESEARCH

Just wonderful

I would like to share my wonderful memories of the AID of 2019 with you. Unlike the Introduction Days of 2020, my AID was filled with loads of students, fun activities, games, music, drinks, food, competitions – and of course no pandemic stress. I feel blessed that I experienced the kind of AID that all students deserve.

Going back to those beautiful days, I remember that we won the prize for the best photo moment when we posed as a rainbow on campus. Our prize was a coffee mug with the

'I feel blessed that I experienced the kind of AID that all students deserve'

group picture on it.

We played nearly all the games, we joined in events such as the barbecue and the treasure hunt, and

we took endless selfies (really, so many, it was amazing).

We were a group comprised of Indian, Chinese, Dutch, American, Guatemalan and Mexican students, so very diverse. That was a lot of fun! Being an international group during the AID got us off to a good start. We got to know each other's cultures,



Aarzoo Kohra

likes and dislikes, cuisines, dances and games. We chatted a lot because there was so much to learn. Truly, it was a blessing to start my university days with those AID days.

From what I heard from my friends who joined the AID last year, it was nothing like mine, due to the Covid measures. But the organizers went to great lengths to give the students who enrolled during the pandemic the best possible time. This summer, I really hope to see a wonderful AID like mine. I am very excited about seeing the student crowd and all the fun activities on campus and in town during this AID.

Good luck, prospective students, and may you have the best ever AID like mine. Enjoy it and treasure the memories for ever.

Aarzoo Kohra is from India. She has just finished her Master's in Plant Sciences.



Program AID

Wednesday 11/08 **Monday** 16/08

Thursday 12/08 **Tuesday** 17/08

Friday 13/08

Registrations

Lunch

Official Opening:
Ready for Take Off

Discover the City

Dinner

**Association
Presentations**

Pubquiz

A: Study Day
B: Friesland Campina
Sports Day

Lunch

A: AIDventure
B: Workshops

Dinner

**Association
Presentations**

Pub Crawl

A: Fr
Sp
B: Str

Dinn

Exp

During the AID you can look in the AIDap

2021



Monday 13/08 Wednesday 18/08 Saturday 14/08 Thursday 19/08

Wageningen Campus
Sports Day
Study Day

A: Info Market
B: AID talks:
Rocket Science

Lunch

Lunch

A: Workshops
B: AIDventure

A: AID talks:
Rocket Science
B: Info Market

ner

Association
Presentations

Taste of
Wageningen

Association
Presentations

Explore the World

Launch the Music

App for your personal program

Colophon

Resource is the independent medium for students and staff at Wageningen University & Research. *Resource* reports and interprets the news and gives the context. New articles are posted daily on resource-online.nl. The magazine is published every fortnight on Thursday.

Contact Questions and comments for the editors: resource@wur.nl | www.resource-online.nl

Editorial staff Willem Andrée (editor-in-chief), Helene Seevinck (managing editor), Roelof Kleis (editor), Tessa Louwerens (editor), Albert Sikkema (editor), Luuk Zegers (editor), Nicole van 't Wout Hofland (freelance editor), Coretta Jongeling (online coordinator), Thea Kuijpers (secretariat).

Translations Clare McGregor, Meira van der Spa, Clare Wilkinson

Design Alfred Heikamp, Larissa Mulder

Overall design Marinka Reuten

Printing Tuijtel, Hardinxveld-Giessendam

Subscription A subscription to the magazine for one academic year costs 59 euros (135 euros if abroad). Cancellations before 1 August.

ISSN 1389-7756

Publisher Corporate Communications & Marketing, Wageningen University & Research





'I'm a first-year student doing the AID week in Wageningen and I can't decide whether to join a student society. I want to get to know people but I also want enough time left for my study.'

Jelmer (18), first-year doing Nutrition and Health



Time enough

'You will get a lot of info during the introduction week. There's loads to do in Wageningen. So take the time to feel at home in the town and your student house. Get to know your flatmates and the students on your course. Perhaps it would be nice to do things with them. Find out first what you enjoy. There will be time enough to join a society.'

Eugene van Meteren, Idealis caretaker

Your own balance

'Finding the right balance between study and societies or free time is largely up to you. At the start of the year, the student societies organize compulsory events so new members can get to know the society and form year clubs, but after that most things are optional. So the amount of time you put into a society depends on how much you want to be involved in committees and clubs. It can cost a lot of time but that applies to other activities too. Just do what seems fun to you!'

Gerdien Achterberg, Development and Rural Innovation Master's student

Gut feeling

'You can't make a wrong choice if you base that choice on the path you want to take in your Bachelor's. Joining a society can help you get to know people quickly but the same applies if you join a committee or a sports club, or move into an active student house. Follow your gut feeling and go by your first impressions.'

Romy de Haas, Nutrition and Health Master's student

Choose what fits

'Doing a degree is about much more than just gaining knowledge. Personal development, self-confidence, communication skills, experience with organizing things, networking and having fun are just as important. A student society can help with all this but it certainly isn't the only route. In the end you should choose what fits for you. Use the AID week to get as many different impressions as possible and make a choice afterwards.'

Joris Sprakel, professor of Physical Chemistry and Soft Matter, and former member of Ceres

Korfbal

'When I started at university, so much was new that I didn't join a student society. But that didn't affect my social life. I did join a student korfbal club, where I got to know new people. I had a great time there. There are enough activities and parties you can go to without being a member of a student society.'

Nicole van 't Wout Hofland, alumnus and Corporate Communications & Marketing editor

*Do you have advice or tips for this Wurrier? Or could you use some good advice yourself? **Email your tips or your question (100 words max) to resource@wur.nl, subject noWURries.***

On the back page of every issue of *Resource*, students and staff ask one another for advice on issues large and small, both serious and more light-hearted.