

WURldly wise

Your student and campus life off to a flying start | **p.21** |

Get off that couch!

On sport, spectacle and post-match socializing | **p.26** |

The week of your life

The complete AID 2019 programme | **p.30** |

RESOURCE

**SPECIAL
AID EDITION**

For everyone at Wageningen University & Research

Summer 2019 – 14th Volume



DIVE IN

Wageningen welcomes first-years




Pauline



Aranka



PERFECT COMBINATION

Aranka Windmeijer (24, Master's in Communication, Health & Life Sciences) and Pauline Plessius (23, Master's in Nutrition & Health) row with Wageningen rowing club WSR Argo. They are in the competitive group and take part every two weeks in competitions all over the country. Aranka: 'We train nine times a week, 90 minutes per session. If you put your mind to it and are good enough, you can get a long way. Some Argo rowers compete at European and World Cup level. Apart from the sport itself, I find the social aspect important. You meet people and do fun things together. It's nice to have this in addition to my degree.'  LZ, photo Fred van de Heetkamp

Want to play sport at uni?

If you want to play sport at university, you can do this at De Bongerd sports centre on campus or by joining one of the many student sports clubs, see page 26.

>> CONTENTS

AID edition Summer 2019 – 14th volume



>> **08**

HOW TO STUDY

Three lecturers give their best tips



>> **12**

THE WONDERFUL WORLD OF WUR

About resilient bananas and sticking like frogs



>> **21**

WURDLY WISE

Because it shouldn't be all work and no play

GET STUCK IN

I was born and brought up in Wageningen so I was determined to leave as soon as I finished school. Sure, Wageningen was a nice town, but there was nothing going on. So I left. Now that I'm back in the town nearly every day as a *Resource* editor, I know better: Wageningen really isn't that bad. Because Wageningen is a student enclave in the middle of nowhere, students make more of an effort to turn it into something special. The result is more active societies, better student initiatives and livelier student houses. The fantastic campus looks like a festival ground in the summer with hundreds of students lounging in the grass pretending to study. So go on a voyage of discovery. Make new friends and sit round a campfire by the Rhine. Go skating in the winter (while you still can #climatechange). Enjoy the spring rolls from the stall outside the public library. Join a study association or student society. Do voluntary work or experiment with running a business. There's more than enough to discover in addition to your degree. Wageningen students are known for their hands-on mindset. That could be because you have to actively work at making something of your student days here, more so than elsewhere. There are plenty of options so it's up to you to get stuck in.

Luuk Zegers, Student & Education editor

AND MORE...

- 4 On WUR social media, your CV and smashing your trash**
- 6 Dean of Education Bregt and his moped**
- 10 BSc student Geert is having the time of his life**
- 16 Rescue by roadmap: the campus map!!**
- 18 MSc student Donatella deals with FOMO**
- 28 The Lord or the lads? There is a society for everyone**
- 30 Your daily dose of AID: the programme!**



About Resource

You can read news and background articles about university life in *Resource* magazine every two weeks. We also publish articles daily on resource-online.nl. Check out our Facebook page too!

ROOMS: NEVER GIVE UP

Searching for somewhere to live can drive some first-years crazy because demand far exceeds supply. 'In the first week, you should ask absolutely everyone whether they know of a room to rent,' suggests Biology student Rosanne Dodde. 'I had come a long way so I had to find accommodation. I spent my first days in Wageningen in a primitive B&B where I had to wash in a tub. I really wanted to live in Droevendaal so I knocked on every door there. That gave me a sublet for two weeks. A whole lot better than the B&B!' Tip: a lot of student houses post messages on the Wageningen Student Plaza Facebook page during AID week so keep an eye on that.

CAME FAR

You may not realize it but you will have something in common with the head of the FAO, the world food organization: you both studied in Wageningen! We are talking about Qu Dongyu from China, who got a PhD in potato cultivation in 1996 with Professor Evert Jacobsen as his supervisor. This WUR alumnus will become the FAO's new director-general in August. That is good news for WUR, thinks Executive Board President Louise Fresco. 'I know he wants to collaborate with Wageningen so I am hoping for a structural partnership between the FAO and WUR for specific global challenges'.

DROPOUT EPP0

Eppo Doeve (1907-1981) was once one of the best artists in the Netherlands. Like you, he began his career in Wageningen. He started a degree in Colonial Agriculture in 1927, but he never completed it as his talent for drawing won out. That talent was discovered when he joined Ceres and produced the drawings for the annual almanac. Doeve went on to work for renowned Dutch magazines such as *De Groene Amsterdammer*, *Vrij Nederland* and *Elsevier*. De Casteelse Poort museum has an exhibition on Doeve (showing until 20 October) that includes lecture notebooks covered in doodles.

Four ways to ensure a sustainable AID:

1. FLEXITARIAN MENU

When registering, AID participants, mentors and CREW members can now tick the 'flexi' option as well as 'vegetarian' and 'meat eater'. The flexi option means you eat vegetarian on three of the six AID days.

**2. SEPARATING WASTE**

Of course WUR separates its waste, both on campus and during AID week. The various AID waste bins can easily be recognized by the coloured signs. That will get you in practice for campus so that you can sort and dispose of your waste properly there too.

**3. FOOD BANK**

Leftovers from the AID lunches go to the food bank (if suitable) as a way of reducing waste and helping people who have trouble making ends meet.

**4. SOCIALLY AWARE VLOGGING**

Students often know the environment is suffering but do not always act accordingly. That is why the AID committee is making sustainability vlogs this year, with brief interviews with new students, aimed at raising awareness. 📹



GOOD FOR YOUR CV (AND YOUR STUDENT DAYS)

There is plenty to learn outside the lecture rooms too. If you are looking to spice up your CV, there are loads of options in Wageningen.

STUDY ASSOCIATIONS...

...are not just great for drinks dos but also useful for your future career. The person you are now chatting to may be able to help you later with an internship or job. Almost every degree programme has an association, where you can play as active a role as you want. The study association is always a good idea, whether you want committee experience or are just in it for the beer.

STUDENT SOCIETIES...

...are mainly known for their hazing rituals, excessive drinking and partying. But they have more to offer. Many societies have their own clubs and subcommittees that work on making the society more sustainable, support charities or do volunteer work, for example. To find out which student society would suit you, go to pages 28 and 29.

THE STUDENT COUNCIL...

...offers you the opportunity to have a say in decisions about what the university should do. You can get involved in one of the three Student Council parties: the

Christian Students Party (CSF), Sustainability & Internationalization (S&I) or the United Students (VeSte). The Student Council represents all students and has the right to block plans by the Executive Board. The council also advises the board and comes up with initiatives.

STARHUB...

...is for budding student entrepreneurs. StartHub teaches you how to run a successful business, with coaching by experts, help with your business plan and microloans. Bonus: free coffee and a pinball machine. Go for a drink (every Wednesday from 17:00) or check out www.starhubwageningen.nl.

INTERNSHIPS AND PART-TIME JOBS...

...because learning on the job really does work. **AIIESEC** will help you find international internships and volunteer work. **Integrand** can get you an internship at a company. **UniPartners** lets you work as a consultant and find vacancies for board positions and traineeships. 📧 LZ

Resource introduces some Wageningen societies from page 26 onwards. You can find more information online about study associations, student societies and the Student Council at <https://www.wur.nl/en/show/Study-and-student-associations.htm>.

CHECK IT OUT, LIKE & FOLLOW!

Wageningen students are not always natural followers but there is nothing wrong with a few likes here and there. These social media channels are worth following.

Wageningen Student Plaza

Looking for a room, second-hand furniture, course books or a bike? Or do you want to sell something? Either way, the place to go is the Wageningen Student Plaza Facebook group.



www.facebook.com/groups/192901857389536



Social introduction week

News and other updates about the AID are published on these media channels:



www.facebook.com/aid.wageningen



@aid.wageningen

For more information, go to:
www.aidwageningen.nl



The university

WUR has over 50 social media channels. You can follow the main accounts for important news items and there are domain accounts for specific interests such as environmental science or marine research. For a complete overview of WUR's social media channels, go to www.wur.nl/en/Social-media-1.htm



For real campus news: *Resource*

If you want to know what's really happening on campus, *Resource's* independent journalists are constantly on the lookout for interesting news about student life, education and research as well as the stories behind the news. You can get your daily dose of *Resource* at resource.wur.nl. Read the paper magazine for some extra quality time for yourself. @LZ



‘There is a world beyond the campus’

Arnold Bregt, Dean of Education and a professor, remembers his own AID as if it were yesterday. ‘That introduction marks a new phase in your life,’ he says. We asked Arnold about his memories, his tips for getting through the first year, and extracurricular activities.

text Willem Andrée photo Aldo Allesie


‘**I**n 1977, I rode my Puch moped to Wageningen for my first year at university. With a tent on the back, as I hadn’t yet found a room to rent. I put my tent up in the Bongerd and dived into the AID week. I slept in that tent for three weeks.

I advise you to take part in everything without stressing. AID is intensive and informative. You get to know people who will play an important role in this phase of your life. It is a time of changes, but don’t worry too much about that now.

After the AID week is the time to figure out how you will tackle your studies. There are all kinds of different approaches and you need to decide on your own study path. Of course you can discuss this with the lecturers but, unlike in secondary school, they won’t tell what to do. Take a good look at your character. Are you inclined to put things off? That might not be such a good idea now.

It’s also important to have a hobby in addition to your studies: sport, music, acting or something else creative. It puts things into perspective and

shows you there’s a world beyond the campus. And it makes your university days richer. You can make life hard for yourself and obsess about CV building with an eye to the future but I can tell you from experience that it’s pretty pointless. I never thought I would have the job I have now. So allow yourself the freedom to enjoy your student days. If you do things you like and find interesting, you will automatically be building for your future.

If everything goes well, over the next five years you will become a university-educated professional who helps find sustainable solutions for current and future complex problems all over the world in the domains of healthy food and a healthy living environment. Someone who takes their social and ethical responsibility seriously. To get you there, Wageningen offers you an enriching learning environment with many options, culminating in a thesis at the end of your Master’s. But that’s a long way off; first you have your AID week. I wish everyone a wonderful time! Welcome to Wageningen.’ 



ARNOLD BREGT

graduated with a degree in Soil and Fertilization Sciences in 1983. He became Dean of Education in 2017. He also still works one day a week as professor of Geo-information Science in his chair group. 'I still supervise PhD candidates, which I find important.'



How to study!

Tips from lecturers

Sweaty hands from exam stress or no social life because you've fallen behind in your reading? There's no need. Three lecturers give you tips on how to make a success of studying and still get the most out of your student days.

text Luuk Zegers





Jessica Duncan
assistant professor
of Rural Sociology

- 1 Read the course guide.** Maybe it's a bit obvious, but lots of students don't. The course guide is literally the plan for the course. It tells you what the course is about and what is expected of you. You have so much going on in addition to your studies, so the better you understand what you have to do and when you have to hand in assignments, the better you can plan things. To test who actually reads the course guide, I might put in something like: 'If you read this sentence, send me a picture of your favourite food'. Maybe half of the students do that.
- 2 Use a calendar.** Deadlines that seemed far off sneak up on students and all of a sudden their assignment is due. You need to make the shift to more independent learning. A calendar is key to this. Get one and use it!
- 3 Take the readings seriously.** That means keep up with the reading, ask questions about it and try to understand why you're reading what you're reading. If you know *why* you're reading it, you know what knowledge to focus on.

- 4 Ask questions,** but show that you're trying to understand. They say dumb questions don't exist, but if the answer to your question is in the course guide, it *is* a dumb question. But if you don't understand a concept or you need extra clarity, ask your teacher about it. Be sure to show them that you have tried to answer the question yourself, and explain what part you don't understand.
- 5 Be curious when selecting your courses.** At Wageningen you have the opportunity to try out so many different things. Do that. Get out of your comfort zone. It brings new perspectives to you as a student.
- 6 Transitioning to a new stage of life can be tough, so find healthy ways to deal with the stress.** Find some sports that you like, eat healthily and get help if you need it. The university has support available in the form of student psychologists, study advisers, student deans, confidential advisors and more. If you feel overwhelmed, find someone to talk to, for example via the Student Service Centre. It's the bravest thing you can do!

Hannie van der Honing
lecturer in Cell Biology

- 1** There is a lot of scheduled time with teachers in Wageningen yet students still choose to skip lectures. You will have 275 students in the room on day one, 190 on day two and only half will be left on day three. It isn't a problem if you miss the occasional lecture because you can watch it online. But I advise students to **appreciate the value of contact with teachers.** The lectures make clear where the focus is.
- 2 Prepare properly for practicals.** If you know what you have to do in advance, you get a lot more out of it. If you come in wondering what you're going to do today, you will get left behind.
- 3 Don't be afraid of some delay in your studies if that lets you do something you are enthusiastic about and can learn a lot from.** Students who spend a year on a committee or a board learn soft skills that will help them an awful lot when they start work.
- 4** Some students take their degree programme very seriously — too seriously, I sometimes think. My tip for those students is to **enjoy the freedom that you have as a student** because it becomes much harder once you start work.



Perry den Brok
professor of Education
and Learning Sciences

- 1 Study regularly.** Research shows that it is often better to learn small amounts frequently than cram really hard for an exam in one go because you forget most of it afterwards. You might be able to pass your exams with some last-minute revision but hopefully you came to university to genuinely learn something. So it's good if you haven't then forgotten it all again one week after the exam.
- 2** The next tip is actually rather a bad one... but there are some books, for example *Test Heroes*, that explain how teachers create exams. If you **know how exams are designed**, you will have a better idea of what to do to pass them.
- 3 Think about the long term.** What do you want to get out of your degree and what do you want to do later? The possibilities sometimes seem endless so it's a good idea to figure out what direction you want to go in. For example, are you more interested in the research side or the commercial side?
- 4 You don't just learn things in lectures.** Try and find out more about your degree subject outside your courses. Watch films, go to talks or try out something in practice that you learned in lectures.



So many choices and



GEERT VAN ZANDBRINK

is a Bachelor's student doing Economics and Policy. During his first year, he also wrote his first book, about the influence of Latin and Greek on modern-day Dutch. He blogs for *Resource* about student life in Wageningen.

the time of your life

AID week is full of marketing clichés. On the first day, you will be given one of those tacky bags brimming with bumf, with loads more stickers, flyers, pens, caps and folders to follow as the week continues. In addition to that promotional material, you will get introduction talks, guided tours and parties. In other words, you will be inundated with information about the amazing options Wageningen has on offer.

All the study associations, sports clubs and student societies will be at their most impressive. Wherever you go, you will be promised ‘the best time of your life’. It all sounds very tempting — who wouldn’t want the best time of their life? But how much truth is there in all those stories? If you disregard the PR, you will discover that the clichés are in fact true. You do indeed have complete freedom and there are plenty of opportunities to make this the time of your life. But all that promotional talk is not so good at helping you deal with the responsibility of having to make so many choices at once. That may seem like a burden, but it’s also an opportunity.

The first step in ensuring a good time as a student in Wageningen is to enjoy the introduction week and all those activities to the full. Then you need to think about your preferences and keeping a good balance. Of course you are here to study and you should definitely not forget that. But you should also not forget that your student days will be full of opportunities that only come once in a lifetime. Your degree should officially keep you occupied from about half past eight to five, Monday to Friday. In practice you probably won’t spend all that time studying, especially if you have a so-called ‘Lebo life’ in the Leeuwenborch, like I do.

Your first year of student life will just fly past: so much will be happening that you can’t keep up. Hopefully you will be able to move out of your parental home and arrange your life as you wish. That brings responsibilities with it — suddenly you have to get food on the table and figure out that your bedclothes will need washing every now and again — but also a lot of freedom.

If I were a first-year again and in your position,

I would definitely do *something* in addition to my degree work. Play a sport, become a member of a study association or student society, or get a part-time job. Find a good student house, play music, or perhaps Integrand or AIESEC could be your thing. There is so much more going on that even I don’t know about. You will see all kinds of opportunities. Just try them and see what you enjoy. You can always stop later.

‘Your university days are what you make of them’

Personally, I hate sitting still so I decided to do things I enjoy. I moved into an active student house, joined a student society, started writing articles for *Resource* and got work at the university as a student-assistant. These are just some of the options. Everyone can put together their own ‘package’, as it were. It’s up to you what you do.

One common question is whether you should join a student society. The AID week will show you how important student societies are to the student culture in Wageningen. That is why a relatively high proportion of students join a society compared to other universities. My experience is that — especially at the start of your university life — it is a portal that helps you get to know a lot of people very quickly. And you will benefit from that for the rest of your time at uni. Also, being a member will give you lots more opportunities for extracurricular activities because societies organize so many things.

You are best off living your first year to the full and seeing what appeals to you. Nothing is compulsory — you choose. But my advice is to do something, at any rate. Get hazed. Try quidditch. Go climbing. Plan a trip. Adopt a chicken. You could even try writing articles for *Resource*. Your university days are very much what you make of them. The options are endless but don’t just sit around doing nothing.’ **B**

THE WONDERFUL WORLD OF WUR

World firsts, ground-breaking research, the best scientists from far and wide: there is much more amazing stuff going on at Wageningen than just the topics you will come across on your degree course. To welcome you to this wonderful world, *Resource* has selected some highlights from recent WUR research in the five science groups.

text Roelof Kleis, Tessa Louwerens and Albert Sikkema

**LEGEND:
WHO DOES WHAT?**



**AGROTECHNOLOGY
SCIENCES GROUP**



ANIMAL SCIENCES GROUP



PLANT SCIENCES GROUP



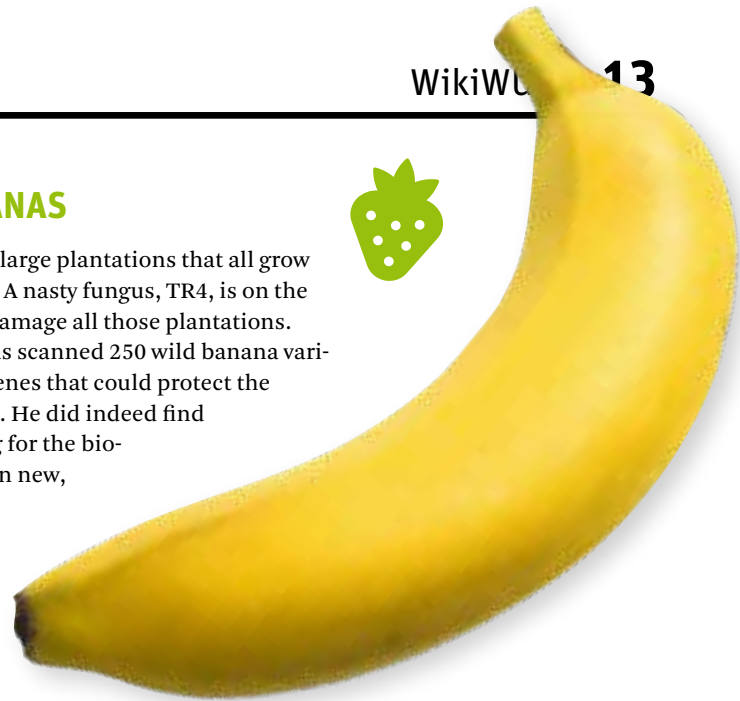
SOCIAL SCIENCES GROUP



**ENVIRONMENTAL
SCIENCES GROUP**

RESILIENT BANANAS

Our bananas come from large plantations that all grow the same banana variety. A nasty fungus, TR4, is on the rise and threatening to damage all those plantations. Fernando Garcia-Bastidas scanned 250 wild banana varieties to find resistance genes that could protect the banana from this fungus. He did indeed find some. He is now working for the biotech company Keygene on new, resistant banana species — species in the plural, because the current monoculture is very vulnerable.



MILLIONS FOR PHENOTYPING

Wageningen and Utrecht plant scientists are setting up a joint new research centre for phenotyping, where they plan to study the development of plants under a range of environmental conditions. ‘For example, we

want to investigate systematically how plants respond to environmental signals such as diseases and pests, soil life, cloudy weather, wind and rain,’ says Professor Marc Aarts. The new centre will cost

22 million euros. The research funding organization NWO will pay half of that and the two universities the other half.



FROM CLOUDY TO CRYSTAL CLEAR

You sometimes see apparently abrupt transitions in nature. Ponds that were cloudy suddenly become crystal clear, for example. That is not chance. Leading researcher Marten Scheffer, professor of Aquatic Ecology and Water Quality Management, discovered the mathematical rules behind such so-called tipping points. The theory seems to apply to a wide range of natural phenomena, including migraines for instance. His research is regularly published in the scientific journals *Science* and *Nature*.



**FEWER LAB
ANIMALS**

Wageningen researchers are using fewer and fewer lab animals. In 2016, WUR used 30,000 animals in tests, 3000 fewer than in 2015. It used twice as many back in 2011. WUR is carrying out fewer experiments of the kind that need lab animals. That is partly because there are now alternatives that do not require animal testing. Fish, chickens and mice are the most commonly used lab animals.

BACTERIA THAT KEEP YOU SLIM

Microbiologist Willem de Vos studies how the creatures that live and on and in our bodies determine whether we get sick. He is particularly interested in *Akkermansia muciniphila*, a bacterium that is found naturally in the human intestine. This bacterium helps curb obesity and possibly diseases such as fatty liver and intestinal inflammation as well. A special protein in the bacterium’s external membrane is probably responsible for the health effect. The bacterium does not need to actively make and secrete the protein. ‘That means we don’t need living bacteria, which makes it easier to use them in food products,’ explains De Vos.



**HIT THE ROOF
WITH SOLAR
PANELS**



Solar farms need to be set up in the Netherlands if it is to reach its climate targets. But where should they be installed? Friso van der Zee investigated this for the ministry of Agriculture. The best option is on our roofs. That is perfectly possible: the Netherlands needs 90 km² of solar panels to hit its energy targets and there are 160 km² available in suitable roofs, in theory. Solar farms on agricultural land or in nature areas are less desirable, says the researcher, but there are also polluted sites or old rubbish tips that would be fine for generating solar energy. It is a question of tailored solutions.



SEEK AND DESTROY: CHICKEN MITE

Wageningen is looking for new biological crop protection agents to combat the chicken mite in poultry farming. That is urgently needed after the Dutch fipronil crisis, in which the banned chicken mite pesticide fipronil was

found in the eggs of dozens of poultry farms, which meant millions of eggs had to be destroyed. Wageningen Livestock Research wants to use 'integrated pest management' to find and kill the mite. This method combines

rapid screening with the use of biological agents, such as the natural enemies of the chicken mite. The institute plans to test this alternative approach at 30 poultry farms.



BUTTERFLY PAINT



What if you never needed to climb the ladder again to repaint the window frames? A paint that doesn't fade has now been developed by Jessica Clough, a researcher in the Physical Chemistry and Soft Matter chair group, and her colleagues. They drew inspiration from peacocks, butterflies and beetles. Clough: 'There are insect fossils millions of years old whose colours are as strong as ever.' The researchers managed to replicate the nanostructures of the animal kingdom and create paint that never fades and is not toxic. The paint can be manufactured but is too expensive as yet because it is made in the lab. Clough thinks it will be cheaper in a factory.

MODIFYING DNA WITH CRISPR-CAS

The Wageningen researcher most likely to get a Nobel Prize in the next few years is microbiologist John van der Oost. He is one of the people who came up with CRISPR-Cas, a molecular technology that allows exceptionally precise changes to be made to DNA. CRISPR-Cas is derived from an immune system protecting bacteria from viruses. It has now been developed for medical applications and for use in plant breeding, for example to make plants able to cope with disease, droughts and salinization.



PURE NATURE FROM THE LAB

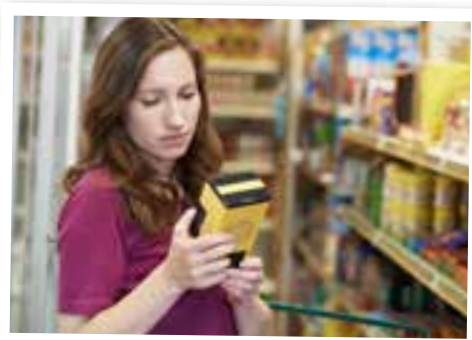


Because consumers increasingly want 'pure nature' without E numbers, food producers are looking hard for 'natural' ingredients. Only they are not always readily available, so scientists make them in the lab. 'If manufacturers add a substance, they have to report it as an E number,' explains food technology expert Eddy Smid. 'But you don't have to do that if you add a bacterium that produces the same thing. These are often exactly the same substances as in the E numbers, which are usually also produced using natural methods, but consumers don't trust those E numbers.'

SPOTTING ENDANGERED ANIMAL TRACES



Researchers at Wageningen Food Safety Research have developed a test to detect materials from endangered animals or plants in traditional medicines. 'The new test can identify almost every species of plant or animal in the medicine in one go,' says expertise group manager Esther Kok. The researchers tried out their new test on various medicines that had been confiscated by the customs department. There was no match at all with the label information in four of the samples. Raw materials from an endangered species, the brown bear, were found in one specimen. In another case, the label said 'brown bear' but in fact it was pig. Kok: 'Sometimes they mention exotic, expensive ingredients for marketing purposes that aren't actually in there at all.'



CITIZEN SCIENCE

The climate is changing rapidly and that means so is nature. The biologist Arnold van Vliet is studying the phenological changes — changes in annually recurring phenomena in nature. When do plants start to flower? When does the first peewit appear? Van Vliet is using

'citizen science' to keep track of what nature is doing. He has developed online platforms, such as a nature calendar and sites on mosquitoes, ticks and allergies, that give him a wealth of data for further research.



DO FORESTS RECOVER AFTER FELLING?



Tropical forests recover quite quickly after felling. After 20 years, the number of species is back up at 80 per cent of what it was before the felling. That seems to be good news. ‘Seems to be’ because only 34 per cent of those species are the ones that were in the old forest. So things are never the same as before. These findings come from large-scale research by Wageningen forestry ecologists in South America. An important question is whether the new forest restores the old functions. After all, biodiversity is not just about the number of species but also about the mix of species. That question is now being investigated.

DUCKWEED BURGER

It is some way off at the moment but one day we will be eating duckweed veggie burgers. The plant has a very high protein content. It is also an interesting option as a protein source because it grows so fast — all you need is shallow water and sunlight. But it won’t be called a ‘duckweed burger’, says Jurriaan Mes, a food and health researcher at Wageningen Food & Biobased Research. ‘Consumer studies show that “duckweed” doesn’t sound too appetizing. We’d do better calling it water lentils, as that is another name for the plant,’ explains Mes.



THE OCEAN’S WASTE PIT

Spitsbergen is the ocean’s waste pit in the Arctic. Some beaches are littered with large pieces of plastic, nets, buoys and other waste. ‘It is important to know what actions you need to take to reduce the amount of plastic waste in this area. So if you find fishing nets, you want to know exactly which fishing company is responsible,’ says Wouter Jan Strietman of Wageningen Economic Research. That is why he is investigating the origins of the waste.



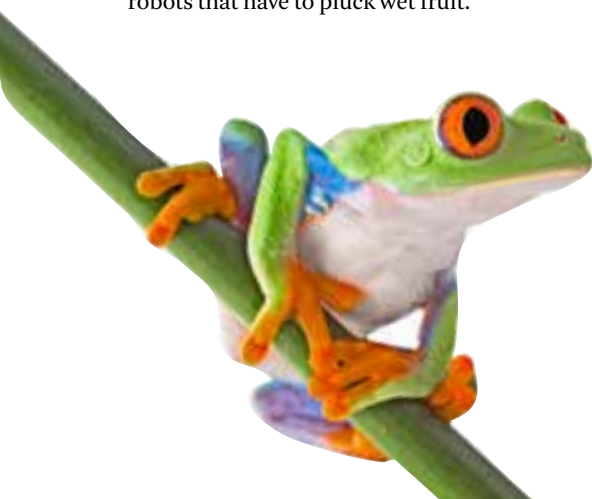
ODOUR TRAPS FOR MALARIA MOSQUITOES

Children with malaria attract more malaria mosquitoes than children who don’t have malaria. Wageningen entomologists know why. Children with malaria secrete three specific odour compounds in their sweat that the malaria mosquito recognizes. Scientists can use that knowledge to make better odour traps to catch and combat malaria mosquitoes.



STICKING LIKE FROGS

Scientists like to copy smart ideas from nature. Take the tree frog: how does it manage to stick to surfaces in its wet environment? Julian Langowski of the Experimental Zoology group has studied this question. He got a PhD with distinction for his efforts. It turned out the frog’s feet have been designed in such a way that Van der Waals forces (a kind of electromagnetic force) provide the necessary adhesion. That knowledge is now being used to give materials more grip. That could be useful for surgeons in operations or robots that have to pluck wet fruit.



MICROCLIMATE IN THE CITY

We know a lot about the climate on the big scale but what about the microclimates in cities? Cities are becoming hotter and hotter in the summer, in part due to climate change. That, in combination with air pollution, is leading to unhealthy conditions. Meteorology and Air Quality researcher Bert Heusinkveld is aiming to understand the processes in the air above the city. Amsterdam is the testing ground for this research. To map how the city ‘breathes’, Heusinkveld placed measuring equipment on the roof of the Carlton Hotel just before the summer.



WHO IS WHERE

- Agrotechnology & Food Sciences: the food researchers are in Helix, the agrotechnology scientists in Axis.
- Animal Sciences: most are in Zodiac.
- Plant Sciences: most are in Radix. The plant scientists use the Unifarm greenhouses round the back for experiments.
- Social Sciences: the group is mainly in Leeuwenborch, the wine-red building near the campus.
- Environmental Sciences: most of their activities are in Lumen and Gaia.



PLACES TO BE

- | | |
|-------------------|---------------------|
| 1 Forum | 11 Leeuwenborch |
| 2 Orion | 12 De Bongerd |
| 3 Campus | 13 Campus Plaza |
| 4 Atlas | 14 Bornsteeg |
| 5 Helix | 15 Town Centre |
| 6 Lumen & Gaia | 16 Wilde Wereld |
| 7 Radix | 17 Cicuto |
| 8 Axis | 18 Heerenstraat |
| 9 Futurum/Impulse | 19 THUIS Wageningen |
| 10 Nexus | |

We also have a free app for iPhone and Android. Download the W'App before you come to Wageningen



↑ Ede & Ede-Wageningen train station ↑

DROEVENDAAL



Where was that student society, that pub or that supermarket again?
You'll find a super-handy map on our website! Hurry to www.resource-online.nl/kaart

About FOMO



DONATELLA GASPARRO

is a Master's student from Italy who is studying Organic Agriculture. She writes blogs for *Resource* about her life as a student in Wageningen.

and cycling dramas

‘Where to start? That’s what I’ve asked myself when I began writing this column, and it’s also what I was wondering when I first moved to Wageningen — for a brand new life.

People arrive in Wageningen from all kinds of places, with thousands of different stories and varied backgrounds. So we all experience Wageningen in a different way. Here follows the unpretentious and unrepresentative experience and advice of a Southern Italian who moved to Wageningen two years ago to study Agroecology.

When I left for the Netherlands, I was thrilled, totally excited, but also so, so scared. It was my first time away from the comfort of my parental home. And I was moving to a new country, to switch to a foreign language in daily life, to build a completely new *something*, although I had no idea what it would be. But Wageningen is a welcoming and warm town where it’s easy to find your way. You just have to get used to a few things:

Bikes can be a bit of a drama for internationals. Before arriving, I couldn’t believe it: you bike all the time. You bike at night, when it rains, when it freezes, when you’re drunk coming back from a party. Plus you’ll have to carry pretty much any object by bike too, from chairs to bedside tables. The final level is transporting beer crates: the ultimate Dutch experience. I still haven’t managed that.

Everybody, including the Dutch, complains about the weather. Yes, it rains and it is grey. But, hey, not all the time. Coming from a sunny, dry place, I was so surprised to see that when the sun comes out, it’s always time to celebrate. Everybody goes outside. Even meetings get moved outdoors! Winter is long and can get you pretty down. But with warm clothes and double-layer gloves you’re good to go (biking, of course). Fortunately, winter does eventually end. And when spring explodes, flowers make up for all the colours you’ve missed.

I knew the student community was going to be amazingly international. But still it surprises me how many connections I have made with people. The world now feels so small and close by for me. I have met so many friends of friends that I feel I’m a citizen of the world now. In Wageningen, I have learnt to appreciate the great value of diversity — but I also now understand that regardless of where they come from,

humans everywhere are pretty much the same bundle of emotions, experiences, memories, ambitions, dreams and vulnerabilities.

But let’s talk about practicalities. There are a few tips that are worth sharing with new Wageningers. So here follows an undoubtedly incomplete list of my favourite must-knows:

- Keep an eye on the Campus Calendar and the narrow-casting screens. A lot happens here and you’ll probably quickly find something you really like.
- Get involved! There’s an association or a group for basically everything. And if your hobby or activity is still not represented, talk with people and start something. In Wageningen, you can make stuff happen.
- But don’t get over-involved! I struggled during my first months with the ‘fear of missing out’. That’s not worth it. Make sure you preserve some time for yourself. Or just to finish the book you stopped reading when you started your Master’s...
- Go recharge your batteries in nature. There are many pretty spots around Wageningen. The Rhine and its beaches, the woods surrounding town, De Blauwe Kamer with its (too) friendly horses, the arboretums... My favourite? A walk in the forest in autumn, when everything turns red and yellow.

‘it surprises me how many connections I have made with people’

I love this place. Looking back, I realize I have found myself a home. I have found like-minded friends, I have organized my favourite kinds of events, I have built an incredible network of inspiring people in the many areas that interest me. When I left home, I was afraid of losing my contacts and all the things I was involved in. But I was able to find so much more here, well beyond the normal student life. That’s my final tip: seize the opportunity, do what you enjoy with the people you like. This place offers the chance for that! **B**

Meet Wageningen in'to Languages

Have you always wanted to learn or improve that one language? Come to the language centre of Wageningen University & Research: Wageningen in'to Languages.

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Wageningen in'to Languages in a nutshell

Centre of expertise for language and communication

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Wageningen **in'to** Languages
opens up new worlds

WURLDLY WISE

How to survive in your new life as a Wageningen student. These tips will have you speaking fluent ‘student’ in no time, show you the best places to get value for money and make campus soon feel like your home from home — or do we mean your new home-home?

WAGENINGEN STUDENT DICTIONARY

A

ABW: Anything But Work (study avoidance behaviour). Doing the washing up, mending a flat tyre — suddenly everything is a higher priority than studying. Takes on epidemic proportions during revision week.

Ad fundum: Latin for ‘bottoms up’. Various bastardized versions also get used in Dutch. Means downing a beer or other alcoholic beverage in one go.

Agrotech: Typical Wageningen term. Technology focused on agriculture.

Arthur Mol: Current rector of Wageningen.

Asserpark: One of the four blocks of student flats in Wageningen.

B

Bongerd: Sports centre for Wageningen University & Research students and staff. With a large fitness room, playing fields and various sports courses.

Bornsesteeg: One of the four blocks of student flats in Wageningen. This block is closest to campus.

Bractical: Doing a practical when you can

still feel the effects of the previous evening’s boozing.

C

CSF: Christian Student Fraction. One of the three parties in the Student Council.

Cum laude: Distinction. At WUR, cum laude means you averaged an 8 for your modules and got at least an 8 for your Bachelor’s thesis or at least a 9 for your Master’s thesis.

D

Dies: Fancy word for an anniversary. Used by both the university and student societies.

Campus facts

GREEN FINGERS AND SWAN DRAMA

You will undoubtedly already have noticed that the campus is very green. As you might expect from a university that preaches sustainability, the greenery is the result of an ecologically aware approach. Popular spots are the Lumen central courtyard and the pond near the Forum, with the swans that come every year to breed (although this year was a drama with all eight cygnets gone, probably devoured by pikes). The Field, behind Rikilt, is another pleasant spot. It is a garden maintained by and for students and staff. It was created four years ago using a design by former student Fiona Morris.



OASIS OF CALM AND ORCHIDS

Looking for an oasis of calm? Try the Environmental Sciences Group (ESG) Nature Garden, somewhat hidden behind Lumen. By the way, the pond in the middle is not any old pond — it's a fridge! Lumen is built on a large tank of water, as Joop Spijker of the garden management committee explains. 'Pipes connect that water in the basement to the water in the pond. The circulation serves as Lumen's main cooling system.' Like the building, the garden and pond were constructed some 20 years ago. The nutrient-rich top layer of the former maize field was dug up and added to the banks around the pond. The soil was restored to its

original Binnenveld state, with alternating layers of clay, peat and sand. River clay and marly soil rich in lime from Limburg increased the diversity further still. The result is a wide range of biotopes and a host of different flowers. The place is full of yellow rattle, knapweed and mallow in the spring and summer. But the real success story in this ecologically aware garden is the orchid. No fewer than five different species can be found, including the heath spotted orchid, the marsh orchid and the helleborine.



STUDYING IN THE LIBRARY

The library is a popular place to study, especially in the week before the exams. It's quiet and has good workstations where you can concentrate. But make sure you get there on time (which means waiting at the door by 8:00) because the seats get taken in no time.



FEELING SICK

There is a GP practice especially for students on campus, although you do of course have to register to be able to use it. This Wageningen Student Medical Center also has handy evening open hours and a lot of online services (e-consultations, requests for digital repeat prescriptions). You don't have to leave campus for vaccinations for exotic internships or holidays either as Vaccinatiecentrum Wageningen is based in Campus Plaza. If all you have is a hangover, you can buy paracetamol in the Campus Plaza supermarket.



Dijkgraaf: One of the four blocks of student flats in Wageningen.

Droevendaal: Group of houses forming a student district close to campus. 'Droef' is a tight-knit community with its own culture that for a while even had its own mayor. The students also organize activities that are open to everyone.

E
ECTS: European Credit Transfer System. System that uses credits to allow comparison of courses and modules in different coun-

tries. In theory, 1 ECTS point is the equivalent of 28 hours of study.

Erasmus: Exchange programme and fund for students who want to go abroad for courses or an internship.

Extended daytime schedule: Alternative to evening lectures. Modified schedule in which lectures take 40 minutes instead of 45, start at 8:20 and continue until 19:00.

F
First aider: First aid official. You always need someone with first aid qualifications if you

organize events at uni outside working hours or in the weekend. So students with a first aid certificate are very popular.

Forum: Large teaching building on campus (with red bricks).

FOS: Dutch funding scheme for students. Students get financial compensation if they take time out to do committee work, take part in elite sport, have a baby, cope with certain family circumstances or because of illness.

G
Growth problem: The challenges caused by

CRASH COURSE

If you need to be in Gaia, Lumen or Radix and are getting a bit dizzy from all those abstract names, the **Wageningen campus app** (see p.16) will show you where to go, from Axis to Zodiac! Here's a brief intro to the four main buildings to get you started.

FORUM

The **Forum** is what the *Forum Romanum* once was for ancient Rome — the heart of the campus. As solid as a castle from the outside, spacious on the inside with large plazas. You will find the library here along with cafes, teaching facilities, the WUR shop, study associations and lots more. An ideal place for working, studying and meeting up.



ORION

Orion is the most sustainable building on campus, as well as being a great place to chill out in student cafe The Spot — with table tennis! — or get a delicious bite to eat in the restaurant. A notable feature is the series of six lecture rooms that can also be combined to create a single huge lecture hall with seating for 750 people. The building's name refers to the constellation Orion. That sounds rather more professional than the Great Bear.



ATLAS

The grid structure on the outside of **Atlas** is not just for decoration: this structure holds the building up. Hence the name Atlas, the god who in Greek mythology had to hold up the sky on his shoulders. This is where you will find the university board and the Resource journalists — do drop in!



LEEUVENBORCH

Leeuwenborch, or 'Lebo' (pronounced Lay-Bo) as students call it. This renovated building to the south of the campus houses the social sciences. There is also a branch of the library and a decent canteen. Leeuwenborch is the former name of the neighbourhood in which the building stands.

the rapid growth in the number of students. Examples are scheduling issues, a lack of lecturers or lab assistants, and room shortages.

H I J K

Hangover lecture: Lecture when you can still feel the effects of the previous evening's drinking session.

Hoeverstein: One of the four blocks of student flats in Wageningen.

Home: Your student house.

Home-home: Your parents' house.

LMN

Lecture: You don't have classes at university, you have lectures.

Liberation Festival: The Nazis surrendered control of the Netherlands on 5 May 1945 in Hotel de Wereld in Wageningen. Which is why Liberation Day is celebrated on a grander scale here than anywhere else. Wageningen's main festival day.

Louise Fresco: President of the Executive Board

Major: Main subject that you study for your

Master's.

Minor: Part of your third Bachelor's year where you choose yourself what to study. Can also be done at a different university.

O P Q R

One for the road: Beer for your journey.

Open parties: Parties organized by student societies that are also open to non-members. There is an open party every Thursday at one or other of the main societies.

Orion: Large teaching building on campus (with grey plates).

Penny-wise

Student life may be fun but you won't exactly be rolling in money. So budget-friendly tips such as these could be priceless.

- 1 KNAEK DISCOUNTS**
Knaek is free for first-year students and you can save a lot of money. For example, you get the second main course free if you want a cheap meal out at H41 in Heerenstraat. There are also discount offers for clothes stores, wine and drink outlets, bike shops, hairdressers, cafes, restaurants and paintball events. www.knaek.nl
- 2 FOOD SHOPPING: THE MARKET**
There is a market in the town centre on Wednesday morning and all day Saturday. You can find cheap, high-quality fruit and veg. You can also find good cheese, nuts, fish, olives and of course such Dutch classics as herring and battered fish. Pro tip: the later you go, the better the deals you can get!
- 3 AFFORDABLE CINEMA**
You can see top arthouse films at the Movie W cinema. They screen both classics and unusual, striking, edgy or comedy films from all over the globe. Movie W is run by volunteers. You can often find the programme on campus noticeboards, or else go to www.movie.nl. Standard tickets cost 8.50 euros but you get a two-euro discount and pay 6.50 if you show your student card. The 'ordinary' cinema in Heerenstraat also gives a student discount. If you show your student card, you pay 8 euros for a ticket instead of 10 euros. www.heerenstraattheater.nl
- 4 FREE BIKE REPAIRS**
Bike broken but no money for a bike shop visit? You can get your bike fixed for free in the Forum bike cellar. The Wageningen Student Bike Workshop is open on Tuesdays from 18:00 to 20:00. Not only do you get free repairs, you can also learn how to mend punctures, loose spokes and other bike problems yourself.
- 5 BOOKS AND PLANTS AT THUIS**
If you need books, plants or a new outfit, you could go along on a Saturday to Thuis, Wageningen's community centre. On Saturdays you will find second-hand books for sale for 50 eurocents, and you can adopt or swap plants. They also often hold clothes bartering events. Keep an eye on their calendar at www.thuiswageningen.nl
- 6 EMMAUS**
You will find sofas, chairs, tables, books, clothes, TVs, easels, mugs, cutlery, weird statues, toys and lots more at the Emmaus second-hand store. Their assortment can be found in their two shops: Vijzelstraat 1 for clothes, shoes, accessories, books and more; Herenstraat 9 for furniture, lighting, appliances, small items and toys. Emmaus is open eight hours a week: Wednesdays from 10:00 to 14:00 and Saturdays from 12:00 to 16:00. Emmaus also has an annual market, which will be on 21 September this year. www.emmauswageningen.nl 📍

Period: In Wageningen, the academic year is divided into six periods: four long ones for 12 credits and two short ones for six credits.

Quidditch: Up-and-coming sport based on the Harry Potter books. Wageningen has its own quidditch team, the WURwolves.

S
S&I: Sustainability and Internationalization. One of the three parties in the Student Council.

StartHub: The place to be to find out about

entrepreneurship.

Star flats: Star-shaped blocks of student flats that are landmarks in Wageningen. There are currently six star flats, four of which are student only.

Student counsellor: Gives advice and information. You can go to them for all your questions about your degree, from getting an extension due to special circumstances to student grants and private funds.

Student Council: Representative body chosen by students that looks after the

interests of all students.

Student society: Social club that has nothing to do with the degree programmes. See also pages 28–29.

Study association: Gezelligheidsvereniging, staat los van de studie. Zie ook pagina 28–29.

Stufi: Short for student finance system. Nowadays Dutch students get a loan, not a grant.

T
Teacher of the Year Award: Annual prize for

WHERE'S THAT PARTY?

Uni often involves hard work, cramming and putting in the hours in the library. But the occasional party is also part of the package. You can have a great time seven days a week in Wageningen.

MONDAY

- Monday is members' night at the student societies. The rest of the town is pretty quiet.

TUESDAY

- The **Bunker**, the Dijkgraaf flats pub, often has parties on Tuesdays. Cheap booze.
- The **Doctor cafe's pub quiz** is a popular Tuesday event. Starts at 20:00. Be on time.

WEDNESDAY

- Wednesday is party time in **Woeste Hoeve**, the Hoeverstein flats pub.

THURSDAY

- The traditional student party day, with an **open party at one of the main societies** (Unitas, Ceres, SSR-W and KSV Franciscus) every Thursday.
- You can also often have a good time at **Nji-Sri** on Thursdays.

FRIDAY

- The **International Club** often organizes parties on Fridays and Saturdays with (obvs) an international theme, from salsa evenings and Brazilian parties to tech house and St Patrick's Day celebrations.

SATURDAY

- See International Club (Friday).
- There are some good cafes in Wageningen for you to get to know, such as:
 - De Vlaamsche Reus (ask for the beer bible)
 - De Zaaier (popular student pub)
 - Loburg (often has live music!)

And finally, students themselves know best what works, so the best parties are often the ones put on in student houses.

CHEAP NIGHTS OUT

A beer at a student society bar often costs only 1.20 euros, which is a lot less than ordinary cafes. The pubs in the blocks of flats, such as Woeste Hoeve in Hoeverstein, Annie's Kroeg in Asserpark and the Hunker Bunker in Dijkgraaf, are also budget-friendly.

the best teacher. Teachers get a cash award that they can spend on their teaching.

U V W

UFW: University Fund Wageningen. Manages various funds that pay grants to finance outstanding Wageningen research and education. Also provides scholarships for international students.

VeSte: Verenigde Studenten ('united students'). One of the three parties in the Student Council.

Wageningen Beasts: Sports club for students

interested in strength training. Organizes notable events every year such as Strength-day and the Strongman Competition.

Wageningen quarter: Flexible first 15 minutes of a lecture. But not every lecturer observes this tradition.

Wayo: Local Wageningen youth.

WUR: Short for Wageningen University & Research.

WURkforce: : Sends a weekly email with a list of jobs that you can apply for if you want to earn some extra money.

XYZ

De Zaaier: Pub that's popular with students in the centre of Wageningen, and the name of a statue at the campus entrance. 📍

Text: Carina Nieuwenweg and Luuk Zegers

Get off that couch!

Lounging about can be nice occasionally but Wageningen's sports clubs are far too much fun. So don't spend your student days as a couch potato. The clubs offer you sport, spectacle and plenty of post-match socializing.

SPECTACULAR SPORTS

You've probably played football, hockey and volleyball before. But have you ever tried gliding? Been skiing in the world's longest ski hall? Raced across the ice in a cart? Or explored the canals of Utrecht in a canoe at night? The SWU Thymos experiences offer you the opportunity to take part in such cool sporting activities!

Dewi Spenrath, currently an International Development Studies Master's student and due to become an SWU Thymos board member next year, talks enthusiastically about these unusual experiences. 'These are activities you wouldn't normally get to do on your own. And they are open to all students. That open aspect creates a sociable atmosphere for all the participants, in the name of sport and exercise.' Dewi has also already thought about what experience she would like to organize. 'Perhaps something with a survival aspect on a water course — that would be so cool!'

SWU Thymos is the university's sports foundation. It organizes various sports events, internal competitions and experiences every year. At present, 30 different student sports clubs are affiliated with SWU Thymos. That means you can find pretty much any sport through SWU Thymos, from lacrosse to quidditch and from pole-dancing to sailing.



◀ Ready for take-off? Join the annual gliding experience.



▲ A 'real' WUR student should play knotsball, says Marijn van der Meer.

'YOU GO ALL OUT IN KNOTSBALL'

You may well never have heard of knotsball but it is one of Wageningen's most popular sports. Two teams armed with clubs do battle in a 30-minute match. The aim of the game is to use your club to hit the ball into the opponent's goal.

'I have been knotsballing for nearly three years,' laughs Marijn van der Meer, now a third-year Environmental Sciences Bachelor's student. 'In knotsball, you go all out for half an hour. It's a fantastic way to clear your head and you also get some healthy muscle aches the next day. The sport isn't very sophisticated but that pretty much describes the typical Wageningen student. I mainly like the fact that you can decide yourself how competitive your team is. That keeps the game accessible.'

Marijn definitely sees added value from sport in his student life. 'Sport gives you a break from work. The knotsball matches and training sessions aren't long so they don't take up your entire evening. It's also really fun to do. You make new friends and get lots of exercise.' He advises new students to give knotsball a go. 'Of course it is the ultimate Wageningen sport. And I think you should try every sport at least once. If you don't like it, you can always stop.'

DE BONGERD AS THE PLACE TO BE

De Bongerd sports centre hosts several major events a year. At the annual Dance Evening, you can learn swing, ballroom dancing, pole dancing or hip hop. The yearly Battle of the Studies lets you represent your degree programme. Or you can show what you are made of as a true sports fanatic at the Sports Night, the biggest Wageningen student sports event of the year. The live table football competition is legendary.

'JUST AS MUCH FUN AS A "TRADITIONAL" STUDENT SOCIETY'

It might be surprising to hear that the Wageningen Warriors is among the university's biggest student sports clubs as the Warriors practice the relatively obscure sport of lacrosse. But that is precisely what makes the club so much fun, says Wageningen Warriors treasurer Luuk Brekelmans.

'I love being in a student sports club. Everyone is so nice to one another and I've made a load of new friends through the club. Everyone we ask says they love the atmosphere here. I want to keep it that way.'

I think the student sports clubs are just as much fun as the "traditional" student societies. There are a lot of similarities. Most things here are optional. If you can't make a particular training session, that's not a problem. If you have less time because of your degree studies then you just skip a particular activity. Like the traditional student societies, we too have various committees for activities. A difference is that the sports clubs tend to be smaller so it doesn't take long to get to know everyone.'

Luuk says he has no problem combining the lacrosse club with his degree studies. 'It actually works out really well, because you can put as much time into it as you want. If you just want to train, that's fine. And if you want to spend more time on it, our club has plenty of other activities.'

Luuk advises everyone to check out one of Wageningen's 30 student sports clubs even if they are considering joining one of the 'classic' student societies. 'Especially because you don't just get the usual sports in Wageningen; you can also take up fencing, for example, or survival running or quidditch. And lacrosse of course!' 📍

▼ Canoeing in Utrecht at night is always very popular with Wageningen students.



Join the club

#butwichsociety

Joining a student society is a great way to meet new people and make friends. But which society would suit you best? Some introductions!

BSG

The Brabant Student Guild of Our Lady is one big group of friends where everyone knows one another and gets on well. Our society epitomizes the famous sociability of Brabant people but you certainly don't have to come from the region. There are organized activities every week but nothing is mandatory.

WWW.HETBSG.NL



D.L.V. NJI-SRI

Our society has its premises right in the centre of Wageningen. All students are welcome here every Thursday to enjoy a beer. We have fewer members than the other student societies, which means we know everyone in the society and are very close. We were originally farmers and we have a large network of alumni members all over the world who we are in regular contact with.

WWW.NJI-SRI.NL



C.S.F.R.

CSFR is a small, sociable, typically student Christian society. We meet in student houses, not just for Bible circles and drinks dos but also for talks and study groups. We look at how our Christian beliefs relate to various topics, for example to do with philosophy or society at large.

WWW.CSFRWAGENINGEN.NL



Dei Gratia
Disputat der C.S.F.R. te Wageningen



ICHTHUS

Here at Ichthus, we stand for faith, fun and bearing witness. Strong friendships develop as a result of that combination of relaxing together and searching seriously for God together. What is more, you develop the skills to make a difference in society and your future field of work through your religion.

WWW.ICHTHUSWAGENINGEN.NL



W.S.V. CERES

There are lots of opportunities in Wageningen's oldest, largest and nicest society. Membership gives you a richer student life, offering committee work, bands, sports and friends for life. This is where you lay the foundations for your future and build lasting friendships.

WWW.WSVCERES.NL



ISOW

The aim of the International Student Organization Wageningen is to connect people from all over the world. If you want to get to know new people and cultures, learn new languages, go on a singing or dance course or take part in other fun activities, parties, courses and dinners, then ISOW is the place for you! To find out more and get the latest news on our courses and activities, go to

WWW.ISOW-WAGENINGEN.COM



IXESN

Ixesn Wageningen is part of the Erasmus Student Network, one of the largest international student societies in Europe. Our aim is to encourage mixing between Dutch and international students. We do that by organizing various activities, such as the international parties and the Buddy Family programme. Then there are the excursions, of course, including trips to various Dutch and European destinations such as Prague and the island of Texel. We hope to see you soon!

WWW.IXESN-WAGENINGEN.NL



SHOUT

Wageningen's LGBTQ+ society (lesbian, gay, bisexual, transgender, queer and more). SHOUT is both an interest group and a sociable society for all ages. We organize society evenings, open parties and introduction and support groups. We also help LGBTQ refugees and provide information about sexual and gender diversity in schools.

WWW.SHOUTWAGENINGEN.NL



W.S.R. ARGO

Rowing is the quintessential student sport and easy for anyone to learn. Argo gives you the opportunity to develop both physically and mentally and to be involved in a sport up to a national, international or possibly even Olympic standard! Argo offers you indoor training in the largest ergometer room of any Dutch student rowing club, plus the opportunity to refine your technique and row down the Rhine! The focus is on rowing and training but there is plenty more going on with weeks crammed full of dinners, drinks dos and activities.

WWW.WSR-ARGO.NL



K.S.V. FRANCISCUS

Franciscus is one of the largest student societies in Wageningen. Over 800 members are actively involved in committees, clubs, year groups and debating groups. Everyone can find their own niche and build a strong network of friends for life. Get your student days off to a good start with Franciscus!

WWW.KSVFRANCISCUS.NL



SSR-W

All SSR-W members can lead an active student life alongside their studies and get the best out of their student days. There is something for everyone with our year groups, debating clubs, committees and special interest groups. We throw the coolest parties and there is plenty of room for personal development. Sound good? Now it's your turn — become a member!

WWW.AID.SSR-W.NL



WSSFS

The Frisian student society is the most sociable regional student society in Wageningen! We speak Frisian here, but even so anyone who is looking for a fun time is welcome. We are a friendly society with few obligations. There are different activities every Tuesday evening, which make our great society the perfect combination for student life in Wageningen. *Oant sjen!* (See you soon!)

WWW.WSSFS.NL



'T NOABERSCHOP

A lot of students from Twente and the Achterhoek region join 't Noaberschap, so it does wonders for your network back home. Of course people from other parts of the Netherlands are more than welcome! We are an easy-going society where everyone knows one another. Every week, there is an event organized by the board or one of the committees.

WWW.HETNOABERSCHOP.NL



UNITAS

Unitas is a youth club with brand-new premises in the heart of Wageningen. We are a sociable, open group that welcomes anyone who wants to develop as a person and wants a base in Wageningen where they can feel at home. We are all about sociability and personal development, so there's loads you can do and organize at Unitas! Do drop in or check out our website.

WWW.JVUNITAS.NL



YGGDRASILSTAM

Yggdrasilstam (student scouting) is a friendly group of students who do scouting-related activities together. We eat together on Wednesdays. We also go camping a couple of times a year, sometimes just as a group on our own and sometimes with other Dutch student scouting groups. Do come along, even if you have never done scouting before!

WWW.YGGDRASILSTAM.NL



NSW

NSW is a nice Christian student society with nearly 200 members. Our motto is 'Know Christ and make Him known'. We combine growth in your faith with drinks dos and a very sociable atmosphere. We are open to all and offer a place where beer and the Bible go well together.

WWW.NAVIGATORSWAGENINGEN.NL



VGSW

VGSW is an active Christian society that organizes all kinds of activities, such as a weekly Bible circle, drinks dos and weekends away. In our sociable little society, you will soon make great friendships. There is also plenty of room to develop as a person, discover your talents and grow in your relationship with God.

WWW.VGSW.NL



Wageningen has lots of sports, musical and hobby societies too. And every degree programme has its own study association. You'll find a complete overview on www.wur.nl/en/show/Study-and-student-associations.

PROGRAMME

AID 2019

What will we be doing in AID Week? It's easier to ask what we *won't* be doing! The next few days are packed with activities that will introduce you to all aspects of 'your new WUR life'. And yes, there will still be time to chillax and recover too.



FRIDAY 16 AUGUST

DIVE INTO THE WEEK

Welcome to Wageningen! Most students will arrive on the Friday of AID week, the day when you get to know your AID group and the campus. In fact, all the day's activities will be on campus. After registration (10:30-12:30), there will be an official opening of AID week with speeches by the rector magnificus Arthur Mol and Wageningen's mayor Geert van Rumund (13.00-13.30). Then you will have lunch with your AID group, with some activities to break the ice and get to know one another better. After lunch, the groups will have the entire afternoon to play the games that the student societies and sponsors have organized (13:00-16:00). After dinner students have the opportunity to get to know their group even better during Game Night at Mentor (21.00-23.00)

SATURDAY 17 AUGUST

DIVE INTO WAGENINGEN

On Saturday, the AID participants will have various activities in Wageningen town centre so that they can get to know the place. The Brunch (11:00-12:30) will be followed by the Crazy 88 (12:30-15:30), in which student societies, sponsors and other organizations give the AID groups a wide variety of assignments to complete. The new Master's students can then do the College Tour (16:00-18:30), where they attend interactive lectures by companies on hot topics. In the evening, after the societies' presentations and the dinner, there will be a Street Theatre Festival (20:00-23:00). It is open to everyone in Wageningen to encourage mixing between local residents and AID students.



SUNDAY 18 AUGUST DIVE INTO YOUR WORKOUT

On Sunday, the day will start with an optional Religious Morning (9:00-11:00), in which Christian societies come together for a church service. This is followed by the Sports Brunch (11:00-12:00) and the Aerial Photo (12:00-13:00). Then it will be time for your workout in the FrieslandCampina Sports Day (13:00-16:30). After a warming-up, you will be able to take part in different activities and sport clinics. You will find out more about the different sports you can play in Wageningen and of course get to know the Bongerd sports centre. There will also be a market presenting the various Wageningen sports clubs. In the evening, after the societies' presentations and dinner, an Open-Air Movie will be shown. Again, there will be free access for AID participants, students and Wageningen residents.

MONDAY 19 AUGUST DIVE INTO THE WORLD

On Monday, the Bachelor's students will have their study day while the Master's students can attend workshops provided by various societies. During the BSc Study Day (11:00-17:00), you will get to know your fellow students and receive practical information about your degree programme. The new MSc students will first have lunch (11:30-13:30) with their mentor followed by afternoon workshops (14:00-16:00). Afterwards there will be a Barbecue (17:00-20:00) and optional Sing In (19:30-20:30). This will be followed by the Crossing Borders event (20:00-23:00), in which international organizations and students put on activities and workshops. Professional acts will complete the evening programme.

TUESDAY 20 AUGUST DIVE INTO YOUR WURLIFE

On Tuesday, the BSc AID participants can enjoy some workshops while the MSc AID participants have their study day. The BSc students will start their day with a brunch at their mentor's place (11:00-13:00) followed by a relaxed afternoon (13:00-16:00) with workshops organized by student societies and other organizations all over Wageningen. The MSc students will have their Study Day (11:00-17:00), where they will receive practical information about the degree programme and meet their fellow students. After dinner with a society, you can choose between the Cantus (20:30-23:00) and the Comedy Night (20:30-23:00). The Cantus involves approximately 1500 students singing songs under the command of a director, who will tell you what songs to sing and when to take a sip of beer. At the Comedy Night, you can enjoy hilarious performances (in Dutch and English) by comedians in the Junushoff theatre.

WEDNESDAY 21 AUGUST DIVE INTO THE WAVES

The final day of the AID week is a relaxed day for the participants. You can chat to various societies but you will also have the opportunity to chill out. After a brunch in Belmonte Arboretum, the Info Market will start in the same location. All kinds of student associations, sponsors and other organizations from Wageningen will present themselves to the AID participants. The last event in the AID programme will be the AID Festival. It is also open to other Wageningen students who have bought a ticket. After a week full of parties and activities both crazy and educational, the AID festival will start on a relaxed note. Local restaurants will be offering delicious food from all over the whole world, including vegetarian options. Things will heat up later in the evening as you move on to the spectacular closing party of AID 2019.

Colophon

Resource is the magazine and news website for students and staff at Wageningen University & Research. Resource magazine comes out every fortnight on Thursday.

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Printer Tuijtel, Hardinxveld-Giessendam

Subscriptions

A subscription to the magazine costs €58 (overseas: €131) per academic year. Cancellations before 1 August.

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Deadline

Deadline for submissions: one week before publication date. The editors reserve the right to edit and/or shorten announcements.

Publisher

Marc Lamers, Corporate Communications & Marketing Wageningen University & Research



>>TYPICAL DUTCH

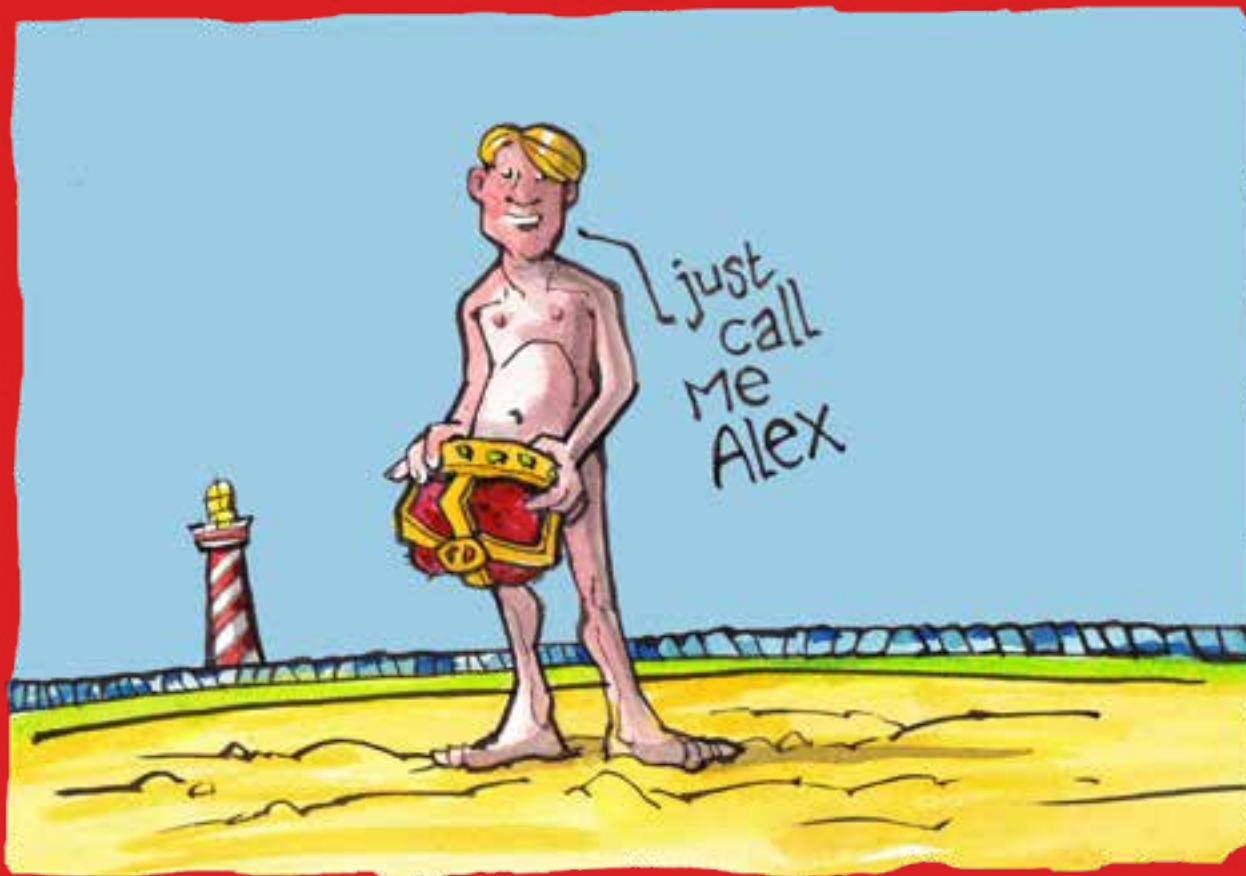


ILLUSTRATION: HENK VAN RUITENBEEK

On first-name terms with teachers

I have been in the Netherlands for over a year now and I can confidently say that I am now used to the Dutch culture, even though I miss my family and my favourite Ghanaian delicacy. However, there is one thing I am still not used to: the way lecturers are addressed by their students.

I was astonished the first time I heard a student addressing a lecturer by his first name only. The title of Professor or Doctor is hardly mentioned. Eventually, I came to terms with the fact that this is more or less the norm at Wageningen University. It is perfectly normal here to address lecturers or tutors by their first name without adding their title.

This is completely different in my home country. In Ghana, addressing a lecturer without his or her title denotes a disrespectful attitude. A friend from the Czech Republic told me that it is the same there.

One thing I have noticed is that lecturers at Wageningen University are down to earth. They are approachable and straightforward, which makes it easy to build a healthy student-teacher relationship. Though I still find it difficult to address a professor by his or her first name, I am trying my best to get used to it. After all, there is a proverb that says: 'When in Rome, do as the Romans do.' **© Claudia Ayim, MSc student of Management, Economics and Consumer Studies, from Ghana**

'In Ghana, addressing a lecturer without his or her title denotes a disrespectful attitude'

Do you have a nice anecdote about your experience of going Dutch? Send it in! Describe an encounter with Dutch culture in detail and comment on it briefly. 300 words max. Send it to resource@wur.nl and earn 25 euros and Dutch candy.